

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Under 15 Girls

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
1	129	00:07:26	Lily Jane	Evans-Haggerty		F	(GU15)	VP-Glasgow AC
2	74	00:07:28	Nuala	McCheyne		F	(GU15)	Inverclyde AC
3	1078	00:07:34	Cera	Gemmell		F	(GU15)	Team East Lothian
4	48	00:07:40	Heather	Barnes		F	(GU15)	Giffnock North AAC
5	88	00:07:42	Alisha	Sivell		F	(GU15)	Kilbarchan AAC
6	62	00:07:46	Kate	Richardson		F	(GU15)	Giffnock North AAC
7	53	00:07:47	Francesca	Davidson		F	(GU15)	Giffnock North AAC
8	103	00:07:53	Isla	Calvert		F	(GU15)	Livingston AC
9	31	00:07:54	Hannah	Anderson		F	(GU15)	East Kilbride A.C.
10	86	00:07:55	Eilidh	Gibson		F	(GU15)	Kilbarchan AAC
11	127	00:07:56	Isla	Britton		F	(GU15)	VP-Glasgow AC
12	18	00:07:56	Rosie	Eckersley		F	(GU15)	Central AC
13	119	00:07:58	Sarah	Coutts		F	(GU15)	Pitreavie AAC
14	63	00:07:58	Aimee	Anderson		F	(GU15)	Glasgow School of Sport
15	37	00:07:59	Beatrice	Winkler		F	(GU15)	Edinburgh AC
16	77	00:08:00	Zoe	Renfrew		F	(GU15)	Inverclyde AC
17	116	00:08:00	Emma	Jenkins		F	(GU15)	Perth Straththay Harriers
18	30	00:08:01	Daisy	Cumming		F	(GU15)	Dunfermline Track & Field AC
19	19	00:08:01	Kyra	Gibb		F	(GU15)	Central AC
20	5	00:08:02	Rosie	Davidson		F	(GU15)	Ayr Seaforth AC
21	45	00:08:02	Ellie Isabella	Hinks		F	(GU15)	Garscube Harriers
22	51	00:08:02	Helen	Chong		F	(GU15)	Giffnock North AAC
23	132	00:08:03	Joanna	Littlefield		F	(GU15)	VP-Glasgow AC
24	49	00:08:03	Jill	Carswell		F	(GU15)	Giffnock North AAC
25	106	00:08:05	Charlotte	Clare		F	(GU15)	Moorfoot Runners
26	6	00:08:05	Emma	Frew		F	(GU15)	Ayr Seaforth AC
27	87	00:08:06	Leona	Murray		F	(GU15)	Kilbarchan AAC
28	64	00:08:06	Laura	Ferguson		F	(GU15)	Glasgow School of Sport
29	91	00:08:10	Hannah	Paton		F	(GU15)	Kirkintilloch Olympians
30	120	00:08:10	Jemma	Jamieson		F	(GU15)	Pitreavie AAC
31	2	00:08:12	Kirsty	Oldham		F	(GU15)	Aberdeen AAC
32	58	00:08:13	Sofia	Kirkpatrick		F	(GU15)	Giffnock North AAC
33	71	00:08:14	Niamh	Docherty		F	(GU15)	Inverclyde AC
34	78	00:08:16	Emily	Andrew		F	(GU15)	Inverness Harriers AAC
35	33	00:08:17	Lucy	Muirhead		F	(GU15)	East Kilbride A.C.
36	50	00:08:17	Emma	Chamberlain		F	(GU15)	Giffnock North AAC
37	89	00:08:18	Libby	Sutherland		F	(GU15)	Kilbarchan AAC
38	28	00:08:18	Georgia	Ledingham		F	(GU15)	Corstorphine AAC
39	73	00:08:19	Cliona	McCheyne		F	(GU15)	Inverclyde AC

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Under 15 Girls

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
40	7	00:08:19	Isla	Kirk		F	(GU15)	Ayr Seaforth AC
41	118	00:08:19	Jennifer	Brydon		F	(GU15)	Pitreavie AAC
42	98	00:08:21	Rachel	Donnelly		F	(GU15)	Law & District AAC
43	85	00:08:21	Laine	Alemu		F	(GU15)	Kilbarchan AAC
44	40	00:08:25	Chloe	McClung		F	(GU15)	Falkirk Victoria Harriers
45	34	00:08:25	Hannah	Little		F	(GU15)	Edinburgh AC
46	52	00:08:31	Zoe	Coyne		F	(GU15)	Giffnock North AAC
47	95	00:08:31	Abby	McGlone		F	(GU15)	Lasswade AAC
48	75	00:08:32	Hannah	McGeehan		F	(GU15)	Inverclyde AC
49	70	00:08:35	Leah	Cameron		F	(GU15)	Inverclyde AC
50	59	00:08:35	Orla	Lang		F	(GU15)	Giffnock North AAC
51	22	00:08:37	Elizabeth	Thompson		F	(GU15)	Central AC
52	109	00:08:37	Charlotte	Morrison		F	(GU15)	Moorfoot Runners
53	9	00:08:38	Charlotte	McDowall		F	(GU15)	Ayr Seaforth AC
54	72	00:08:39	Nyah	Gillan		F	(GU15)	Inverclyde AC
55	101	00:08:40	Jessica	Robson		F	(GU15)	Law & District AAC
56	32	00:08:40	Sarah	Connolly		F	(GU15)	East Kilbride A.C.
57	128	00:08:41	Rhian	Callan		F	(GU15)	VP-Glasgow AC
58	108	00:08:41	Eilidh	Mooney		F	(GU15)	Moorfoot Runners
59	60	00:08:42	Hannah	Miller		F	(GU15)	Giffnock North AAC
60	47	00:08:43	Mia	Padmanabhan		F	(GU15)	Garscube Harriers/Ind
61	82	00:08:44	Rebecca	Johnstone		F	(GU15)	Inverness Harriers AAC
62	104	00:08:45	Katie	Craig		F	(GU15)	Livingston AC
63	36	00:08:47	Beth	Morrow		F	(GU15)	Edinburgh AC
64	17	00:08:47	Carrie	Banks		F	(GU15)	Central AC
65	123	00:08:49	Elsie	Hollywood		F	(GU15)	Shettleston Harriers
66	56	00:08:51	Miriam	Gilbride		F	(GU15)	Giffnock North AAC
67	76	00:08:52	Clara	Pollock		F	(GU15)	Inverclyde AC
68	41	00:08:53	Kerry	Robertson		F	(GU15)	Falkirk Victoria Harriers
69	131	00:08:53	Jenna	Little		F	(GU15)	VP-Glasgow AC
70	11	00:08:54	Shannon	Brown		F	(GU15)	Banchory Stonehaven AC
71	23	00:08:54	Skye	Birnie		F	(GU15)	Clydesdale Harriers
72	110	00:08:54	Niamh	Whelan		F	(GU15)	Moray Road Runners
73	29	00:08:55	Nicole	Mullard		F	(GU15)	Corstorphine AAC
74	57	00:08:56	Leila	Hickey-Fugaccia		F	(GU15)	Giffnock North AAC
75	55	00:08:58	Emma	Gaston		F	(GU15)	Giffnock North AAC
76	8	00:09:00	Evie	Mackay		F	(GU15)	Ayr Seaforth AC
77	43	00:09:01	Eilidh	Forbes		F	(GU15)	Gala Harriers
78	114	00:09:03	Cara	Murray		F	(GU15)	North Ayrshire AC
79	54	00:09:05	Jenny	Dougall		F	(GU15)	Giffnock North AAC
80	99	00:09:05	Olivia	Ferguson		F	(GU15)	Law & District AAC

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Under 15 Girls

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
81	3	00:09:06	Darci	Burns		F	(GU15)	Airdrie Harriers
82	100	00:09:07	Lorna	Jackson		F	(GU15)	Law & District AAC
83	97	00:09:08	Annie	Barr		F	(GU15)	Law & District AAC
84	96	00:09:09	Lauren	Meikle		F	(GU15)	Lasswade AAC
85	67	00:09:12	Beth	McKenna		F	(GU15)	Greenock Glenpark Harriers
86	121	00:09:13	Skye	Marshall		F	(GU15)	Pitreavie AAC
87	125	00:09:15	Ellie	Doherty		F	(GU15)	Springburn Harriers
88	14	00:09:21	Christie	Dalglish		F	(GU15)	Cambuslang Harriers
89	21	00:09:24	Millie	Stokoe		F	(GU15)	Central AC
90	102	00:09:26	Caitlin	Thomson		F	(GU15)	Law & District AAC
91	115	00:09:28	Megan	Pettigrew		F	(GU15)	North Ayrshire AC
92	113	00:09:32	Emma	Donachy		F	(GU15)	North Ayrshire AC
93	39	00:09:33	Lottie	Jeffrey		F	(GU15)	Falkirk Victoria Harriers
94	20	00:09:34	Emma	Mailer		F	(GU15)	Central AC
95	42	00:09:37	Rhiannon	Fagan		F	(GU15)	Gala Harriers
96	25	00:09:44	Katherine	Craig		F	(GU15)	Clydesdale Harriers
97	4	00:09:46	Kelly	Cunningham		F	(GU15)	Ayr Seaforth AC
98	10	00:09:50	Sophie	McKay		F	(GU15)	Ayr Seaforth AC
99	15	00:09:51	Carla	Fay		F	(GU15)	Cambuslang Harriers
100	13	00:09:53	Chloe	Burton		F	(GU15)	Cambuslang Harriers
101	117	00:09:53	Ailsa	Barr		F	(GU15)	Pitreavie AAC
102	92	00:09:54	Mhairi	Quinn		F	(GU15)	Kirkintilloch Olympians
103	66	00:09:55	Lisa	Walby		F	(GU15)	Glasgow School of Sport
104	93	00:09:57	Eve	Reilly		F	(GU15)	Kirkintilloch Olympians
105	126	00:09:58	Mhairi	McBride		F	(GU15)	Springburn Harriers
106	68	00:10:04	Katie	Flett		F	(GU15)	Helensburgh AAC
107	94	00:10:27	Iona	Smith		F	(GU15)	Kirkintilloch Olympians
108	90	00:10:40	Katie	Martin		F	(GU15)	Kirkintilloch Olympians
109	105	00:11:12	Holly	White		F	(GU15)	Livingston AC

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November U15G Team King George V Playing Fields, Renfrew

Results				Pos	Bib	Time	Name
Pos	Points	Club					
1	17	Giffnock North AAC		4	48	0:07:40	Heather Barnes
				6	62	0:07:46	Kate Richardson
				7	53	0:07:47	Francesca Davidson
2	35	VP-Glasgow AC		1	129	0:07:26	Lily Jane Evans-Haggerty
				11	127	0:07:56	Isla Britton
				23	132	0:08:03	Joanna Littlefield
3	42	Kilbarchan AAC		5	88	0:07:42	Alisha Sivell
				10	86	0:07:55	Eilidh Gibson
				27	87	0:08:06	Leona Murray
4	51	Inverclyde AC		2	74	0:07:28	Nuala McCheyne
				16	77	0:08:00	Zoe Renfrew
				33	71	0:08:14	Niamh Docherty
5	82	Central AC		12	18	0:07:56	Rosie Eckersley
				19	19	0:08:01	Kyra Gibb
				51	22	0:08:37	Elizabeth Thompson
6	84	Pitreavie AAC		13	119	0:07:58	Sarah Coutts
				30	120	0:08:10	Jemma Jamieson
				41	118	0:08:19	Jennifer Brydon
7	86	Ayr Seaforth AC		20	5	0:08:02	Rosie Davidson
				26	6	0:08:05	Emma Frew
				40	7	0:08:19	Isla Kirk
8	100	East Kilbride A.C.		9	31	0:07:54	Hannah Anderson
				35	33	0:08:17	Lucy Muirhead
				56	32	0:08:40	Sarah Connolly
9	123	Edinburgh AC		15	37	0:07:59	Beatrice Winkler
				45	34	0:08:25	Hannah Little
				63	36	0:08:47	Beth Morrow
10	135	Moorfoot Runners		25	106	0:08:05	Charlotte Clare
				52	109	0:08:37	Charlotte Morrison
				58	108	0:08:41	Eilidh Mooney

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November U15G Team King George V Playing Fields, Renfrew

			Results			
Pos	Points	Club	Pos	Bib	Time	Name
11	145	Glasgow School of Sport	14	63	0:07:58	Aimee Anderson
			28	64	0:08:06	Laura Ferguson
			103	66	0:09:55	Lisa Walby
12	177	Law & District AAC	42	98	0:08:21	Rachel Donnelly
			55	101	0:08:40	Jessica Robson
			80	99	0:09:05	Olivia Ferguson
13	179	Livingston AC	8	103	0:07:53	Isla Calvert
			62	104	0:08:45	Katie Craig
			109	105	0:11:12	Holly White
14	205	Falkirk Victoria Harriers	44	40	0:08:25	Chloe McClung
			68	41	0:08:53	Kerry Robertson
			93	39	0:09:33	Lottie Jeffrey
15	235	Kirkintilloch Olympians	29	91	0:08:10	Hannah Paton
			102	92	0:09:54	Mhairi Quinn
			104	93	0:09:57	Eve Reilly
16	261	North Ayrshire AC	78	114	0:09:03	Cara Murray
			91	115	0:09:28	Megan Pettigrew
			92	113	0:09:32	Emma Donachy
17	287	Cambuslang Harriers	88	14	0:09:21	Christie Dagleish
			99	15	0:09:51	Carla Fay
			100	13	0:09:53	Chloe Burton

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Saturday 5th November

Under 15 Boys

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
1	193	00:06:46	Hamish	Armitt		M	(BU15)	Giffnock North AAC
2	172	00:06:48	Joe	Ewing		M	(BU15)	Edinburgh AC
3	229	00:06:49	David	McNair		M	(BU15)	Kilbarchan AAC
4	135	00:06:52	Harry E	Hall		M	(BU15)	Aberdeen AAC
5	262	00:06:54	Cameron	Campbell		M	(BU15)	Shettleston Harriers
6	188	00:06:57	Elliot	Duff		M	(BU15)	Garscube Harriers
7	173	00:07:01	Tom	Ireland		M	(BU15)	Edinburgh AC
8	165	00:07:02	Alasdair	McMonagle		M	(BU15)	Cumbernauld AAC
9	175	00:07:04	Kane	Elliott		M	(BU15)	Falkirk Victoria Harriers
10	179	00:07:06	Iain	McWhinnie		M	(BU15)	Fife AC
11	217	00:07:06	Luke	Davidson		M	(BU15)	Inverness Harriers AAC
12	231	00:07:07	Jack	Patton		M	(BU15)	Kilbarchan AAC
13	178	00:07:07	Gavin	McWhinnie		M	(BU15)	Fife AC
14	180	00:07:08	Ben	Sandilands		M	(BU15)	Fife AC
15	224	00:07:10	Lewis	Hannigan		M	(BU15)	Kilbarchan AAC
16	162	00:07:11	David	Addison		M	(BU15)	Corstorphine AAC
17	203	00:07:12	Lewis	Elliot		M	(BU15)	Glasgow School of Sport
18	201	00:07:13	Andrew	Robertson		M	(BU15)	Giffnock North AAC
19	205	00:07:14	Ross J	Whitelaw		M	(BU15)	Glasgow School of Sport
20	164	00:07:15	Calum	Little		M	(BU15)	Cumbernauld AAC
21	189	00:07:16	Murphy	Hand		M	(BU15)	Garscube Harriers
22	234	00:07:18	Dylan	Elliott		M	(BU15)	Kirkintilloch Olympians
23	270	00:07:19	Joe	Donnelly		M	(BU15)	Team East Lothian
24	196	00:07:20	Murray	Fotheringham		M	(BU15)	Giffnock North AAC
25	204	00:07:21	Gary	McPake		M	(BU15)	Glasgow School of Sport
26	166	00:07:22	Ryan	Donald		M	(BU15)	Dundee Hawkhill Harriers
27	236	00:07:23	Thomas	Watson		M	(BU15)	Larkhall YMCA Harriers
28	192	00:07:23	Jack	Trainer		M	(BU15)	Garscube Harriers
29	186	00:07:25	James	Cathro		M	(BU15)	Garscube Harriers
30	208	00:07:25	Harry	McGill		M	(BU15)	Greenock Glenpark Harriers
31	194	00:07:28	Ethan	Carolan		M	(BU15)	Giffnock North AAC
32	187	00:07:29	James	Connelly		M	(BU15)	Garscube Harriers
33	256	00:07:30	Sam	Elliott		M	(BU15)	Perth Strathtay Harriers
34	250	00:07:30	Craig	Angus		M	(BU15)	Moorfoot Runners
35	268	00:07:32	Duthac	Mardon		M	(BU15)	Strathearn Harriers
36	139	00:07:33	Scott	Sprang		M	(BU15)	Ayr Seaforth AC
37	220	00:07:36	Finlay	Rutter		M	(BU15)	Inverness Harriers AAC
38	184	00:07:37	Lewis	Tharme		M	(BU15)	Gala Harriers
39	213	00:07:38	Sean	Fischer-Keogh		M	(BU15)	Inverclyde AC
40	254	00:07:39	Alexander	Orderley		M	(BU15)	North Ayrshire AC
41	253	00:07:39	Scott	Brindley		M	(BU15)	North Ayrshire AC
42	249	00:07:39	Nathan	Tosh		M	(BU15)	Metro Aberdeen Running Club
43	206	00:07:40	Peter	Bradshaw		M	(BU15)	Greenock Glenpark Harriers
44	177	00:07:40	Owen	Keddie		M	(BU15)	Fife AC
45	239	00:07:41	Matthew	Gillon		M	(BU15)	Law & District AAC
46	264	00:07:42	Kasey	Fraser		M	(BU15)	Shettleston Harriers
47	272	00:07:42	Calum	Bryne		M	(BU15)	VP-Glasgow AC
48	163	00:07:43	Jacob	Brown		M	(BU15)	Cumbernauld AAC
49	169	00:07:43	Aidan	Simpson		M	(BU15)	Dundee Hawkhill Harriers
50	226	00:07:43	Kyle	Irvine		M	(BU15)	Kilbarchan AAC

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Saturday 5th November

Under 15 Boys

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
51	137	00:07:44	Logan	Cotter		M	(BU15)	Ayr Seaforth AC
52	185	00:07:44	Luke	Aitken		M	(BU15)	Garscube Harriers
53	171	00:07:47	Fabian	Despinoy		M	(BU15)	Edinburgh AC
54	146	00:07:48	Sean	Friel		M	(BU15)	Cambuslang Harriers
55	216	00:07:49	Andrew	Winter		M	(BU15)	Inverclyde AC
56	174	00:07:50	Luca	librizzi		M	(BU15)	Edinburgh AC
57	168	00:07:50	Blair	Scott		M	(BU15)	Dundee Hawkhill Harriers
58	255	00:07:52	Kairn	Brand		M	(BU15)	Perth Strathtay Harriers
59	147	00:07:52	Arron	Grew		M	(BU15)	Cambuslang Harriers
60	170	00:07:52	Hamish	Anderson		M	(BU15)	East Kilbride A.C.
61	271	00:07:53	Ethan	McColgan		M	(BU15)	Dundee Hawkhill Harriers
62	222	00:07:53	Hunter	Daws		M	(BU15)	Kilbarchan AAC
63	150	00:07:55	Cameron	Blance		M	(BU15)	Central AC
64	151	00:07:55	Daniel	Bruce		M	(BU15)	Central AC
65	176	00:07:55	Euan	Wond		M	(BU15)	Falkirk Victoria Harriers
66	244	00:07:57	Alastair	Marshall		M	(BU15)	Livingston AC
67	274	00:07:59	Jack	MacKinnon		M	(BU15)	VP-Glasgow AC
68	200	00:08:00	Eoghan	O'Donnell		M	(BU15)	Giffnock North AAC
69	157	00:08:01	John	Docherty		M	(BU15)	Clydesdale Harriers
70	199	00:08:01	Lewis	Mitchell		M	(BU15)	Giffnock North AAC
71	198	00:08:02	Donald	Maclean		M	(BU15)	Giffnock North AAC
72	181	00:08:03	Peter	Scott		M	(BU15)	Fife AC
73	158	00:08:03	Jake	MacPherson		M	(BU15)	Clydesdale Harriers
74	209	00:08:05	Scott	Meechan		M	(BU15)	Greenock Glenpark Harriers
75	138	00:08:06	Greig	Oakley		M	(BU15)	Ayr Seaforth AC
76	210	00:08:08	Joshua	Bain		M	(BU15)	Helensburgh AAC
77	225	00:08:10	Cameron	Hunter		M	(BU15)	Kilbarchan AAC
78	191	00:08:10	Ruaridh	Stickland		M	(BU15)	Garscube Harriers
79	211	00:08:13	Finn	Burden		M	(BU15)	Helensburgh AAC
80	167	00:08:15	Ben	MacDermid		M	(BU15)	Dundee Hawkhill Harriers
81	159	00:08:19	Evan	McCallum		M	(BU15)	Clydesdale Harriers
82	269	00:08:20	Dominic	Snellgrove		M	(BU15)	Strathearn Harriers
83	143	00:08:20	Michael	Black		M	(BU15)	Cambuslang Harriers
84	252	00:08:22	Dylan	Drummond		M	(BU15)	Motherwell AC
85	241	00:08:23	Alan	McCulloch		M	(BU15)	Law & District AAC
86	238	00:08:24	Rory	Abraham		M	(BU15)	Law & District AAC
87	260	00:08:27	Euan	Johnston		M	(BU15)	Pitreavie AAC
88	136	00:08:31	Ross	Macmillan		M	(BU15)	Aberdeen AAC
89	202	00:08:35	Christopher	Watson-Sweeney		M	(BU15)	Giffnock North AAC
90	267	00:08:36	Ryan	McLoughlin		M	(BU15)	Springburn Harriers
91	246	00:08:36	Fraser	Morris		M	(BU15)	Livingston AC
92	245	00:08:36	Aidan	McKeown		M	(BU15)	Livingston AC
93	233	00:08:37	Liam	Casey		M	(BU15)	Kirkintilloch Olympians
94	261	00:08:38	Arran	Robertson		M	(BU15)	Pitreavie AAC
95	152	00:08:40	Cameron	Fraser		M	(BU15)	Central AC
96	240	00:08:42	David	McCormack		M	(BU15)	Law & District AAC
97	243	00:08:44	David	Yue		M	(BU15)	Law & District AAC
98	257	00:08:45	Gregor	Knight		M	(BU15)	Perth Strathtay Harriers
99	141	00:08:47	Liam	Angely		M	(BU15)	Cambuslang Harriers
100	153	00:08:53	Ben Angus	Hughes		M	(BU15)	Central AC
101	156	00:09:31	Stuart	Aird		M	(BU15)	Clydesdale Harriers
102	242	00:09:34	Finn	Milligan		M	(BU15)	Law & District AAC
103	248	00:09:43	Ben	Mackie		M	(BU15)	Metro Aberdeen Running Club

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November U15B Team King George V Playing Fields, Renfrew
 Results

Pos	Points	Club	Pos	Bib	Time	Name
1	30	Kilbarchan AAC	3	229	0:06:49	David McNair
			12	231	0:07:07	Jack Patton
			15	224	0:07:10	Lewis Hannigan
2	37	Fife AC	10	179	0:07:06	Iain McWhinnie
			13	178	0:07:07	Gavin McWhinnie
			14	180	0:07:08	Ben Sandilands
3	43	Giffnock North AAC	1	193	0:06:46	Hamish Armit
			18	201	0:07:13	Andrew Robertson
			24	196	0:07:20	Murray Fotheringham
4	55	Garscube Harriers	6	188	0:06:57	Elliot Duff
			21	189	0:07:16	Murphy Hand
			28	192	0:07:23	Jack Trainer
5	61	Glasgow School of Sport	17	203	0:07:12	Lewis Elliot
			19	205	0:07:14	Ross J Whitelaw
			25	204	0:07:21	Gary McPake
6	62	Edinburgh AC	2	172	0:06:48	Joe Ewing
			7	173	0:07:01	Tom Ireland
			53	171	0:07:47	Fabian Despinoy
7	76	Cumbernauld AAC	8	165	0:07:02	Alasdair McMonagle
			20	164	0:07:15	Calum Little
			48	163	0:07:43	Jacob Brown
8	132	Dundee Hawkhill Harriers	26	166	0:07:22	Ryan Donald
			49	169	0:07:43	Aidan Simpson
			57	168	0:07:50	Blair Scott
9	147	Greenock Glenpark Harriers	30	208	0:07:25	Harry McGill
			43	206	0:07:40	Peter Bradshaw
			74	209	0:08:05	Scott Meechan
10	162	Ayr Seaforth AC	36	139	0:07:33	Scott Sprang
			51	137	0:07:44	Logan Cotter
			75	138	0:08:06	Greig Oakley
11	189	Perth Strathtay Harriers	33	256	0:07:30	Sam Elliott
			58	255	0:07:52	Kairn Brand
			98	257	0:08:45	Gregor Knight
12	196	Cambuslang Harriers	54	146	0:07:48	Sean Friel
			59	147	0:07:52	Arron Grew
			83	143	0:08:20	Michael Black
13	216	Law & District AAC	45	239	0:07:41	Matthew Gillon
			85	241	0:08:23	Alan McCulloch
			86	238	0:08:24	Rory Abraham
14	222	Central AC	63	150	0:07:55	Cameron Blance
			64	151	0:07:55	Daniel Bruce
			95	152	0:08:40	Cameron Fraser
15	223	Clydesdale Harriers	69	157	0:08:01	John Docherty
			73	158	0:08:03	Jake MacPherson
			81	159	0:08:19	Evan McCallum
16	249	Livingston AC	66	244	0:07:57	Alastair Marshall
			91	246	0:08:36	Fraser Morris
			92	245	0:08:36	Aidan McKeown

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Under 17 Women

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results		Club
					M/F	Cat	
1	315	00:10:44	Erin	Wallace	F	(FU17)	Giffnock North AAC
2	278	00:10:47	Naomi	Lang	F	(FU17)	Aberdeen AAC
3	329	00:10:54	Lauren	Dickson	F	(FU17)	Lasswade AAC
4	295	00:10:59	Eloise	Walker	F	(FU17)	Edinburgh AC
5	322	00:11:11	Shelby	Morrison	F	(FU17)	Inverclyde AC
6	286	00:11:21	Kate	Gallagher	F	(FU17)	Central AC
7	340	00:11:34	Grace	Whelan	F	(FU17)	Moray Road Runners
8	293	00:11:38	Jessica	MacLeod	F	(FU17)	Corstorphine AAC
9	312	00:11:38	Lynn	McKenna	F	(FU17)	Giffnock North AAC
10	287	00:11:49	Lauren	McCulloch	F	(FU17)	Central AC
11	296	00:11:59	Jessica	Christie	F	(FU17)	Falkirk Victoria Harriers
12	294	00:12:03	Lucy	Sommerville	F	(FU17)	Cumbernauld AAC
13	331	00:12:09	Sarah	Tait	F	(FU17)	Lasswade AAC
14	326	00:12:14	Rona	Tytler	F	(FU17)	Kilbarchan AAC
15	289	00:12:19	Lauryn	Turnbull	F	(FU17)	Central AC
16	302	00:12:20	Louise	Mccullagh	F	(FU17)	Fife AC
17	309	00:12:22	Emily	Crusher	F	(FU17)	Giffnock North AAC
18	330	00:12:23	Ailsa	Innes	F	(FU17)	Lasswade AAC
19	305	00:12:26	Zoe	Pflug	F	(FU17)	Gala Harriers
20	306	00:12:27	Katie	Rourke	F	(FU17)	Gala Harriers
21	327	00:12:29	Emma	Mahon	F	(FU17)	Kirkintilloch Olympians
22	310	00:12:34	Danielle	Kelly	F	(FU17)	Giffnock North AAC
23	342	00:12:38	Hannah	Dow	F	(FU17)	Pitreavie AAC
24	317	00:12:41	Kirsten	Forster	F	(FU17)	Glasgow School of Sport
25	346	00:12:56	Holly	Little	F	(FU17)	VP-Glasgow AC
26	288	00:12:59	Heather	Scott	F	(FU17)	Central AC
27	320	00:12:59	Nicola	Doohan	F	(FU17)	Inverclyde AC
28	344	00:13:00	Amy	Bissett	F	(FU17)	VP-Glasgow AC
29	304	00:13:06	Elena	Heger	F	(FU17)	Gala Harriers
30	339	00:13:08	Fiona	Grant	F	(FU17)	Moorfoot Runners
31	300	00:13:09	Olivia	Vareille	F	(FU17)	Falkirk Victoria Harriers
32	341	00:13:11	Ciara	Bowman	F	(FU17)	Pitreavie AAC
33	324	00:13:13	Sophie	Young	F	(FU17)	Inverness Harriers AAC
34	338	00:13:23	Hannah	Morrison	F	(FU17)	Metro Aberdeen Running Club
35	298	00:13:30	Katy	McGonigal	F	(FU17)	Falkirk Victoria Harriers
36	307	00:13:33	Katy	Wilkinson	F	(FU17)	Gala Harriers
37	321	00:13:37	Jennifer	Lyne	F	(FU17)	Inverclyde AC
38	325	00:13:40	Eve	Griffiths	F	(FU17)	Kilbarchan AAC
39	316	00:13:57	Lori	Agnew	F	(FU17)	Glasgow School of Sport
40	323	00:14:09	Connie	Campbell	F	(FU17)	Inverness Harriers AAC
41	308	00:14:12	Kerry	Gallacher	F	(FU17)	Garscube Harriers
42	319	00:14:17	Chloe	Murphy	F	(FU17)	Helensburgh AAC
43	297	00:14:22	Eilidh	McCallum	F	(FU17)	Falkirk Victoria Harriers
44	285	00:14:28	Bethany	Burch	F	(FU17)	Central AC
45	318	00:14:29	Mia	Forrest	F	(FU17)	Greenock Glenpark Harriers
46	301	00:14:32	Megan	Briers	F	(FU17)	Fife AC
47	332	00:14:50	Megan	Grew	F	(FU17)	Law & District AAC
48	279	00:14:59	Caitlin	Chilton	F	(FU17)	Ayr Seaforth AC
49	334	00:15:07	Elle	Henderson	F	(FU17)	Law & District AAC
50	335	00:15:20	Pamela	Newell	F	(FU17)	Law & District AAC
51	283	00:15:30	Katie	Moss	F	(FU17)	Cambuslang Harriers
52	282	00:15:30	Ruth	Kelly	F	(FU17)	Cambuslang Harriers
53	333	00:16:23	Jill	Hamilton	F	(FU17)	Law & District AAC

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November U17W Team King George V Playing Fields, Renfrew
 Results

Pos	Points	Club	Pos	Bib	Time	Name
1	27	Giffnock North AAC	1	315	0:10:44	Erin Wallace
			9	312	0:11:38	Lynn McKenna
			17	309	0:12:22	Emily Crusher
2	31	Central AC	6	286	0:11:21	Kate Gallagher
			10	287	0:11:49	Lauren McCulloch
			15	289	0:12:19	Laurn Turnbull
3	34	Lasswade AAC	3	329	0:10:54	Lauren Dickson
			13	331	0:12:09	Sarah Tait
			18	330	0:12:23	Ailsa Innes
4	68	Gala Harriers	19	305	0:12:26	Zoe Pflug
			20	306	0:12:27	Katie Rourke
			29	304	0:13:06	Elena Heger
5	69	Inverclyde AC	5	322	0:11:11	Shelby Morrison
			27	320	0:12:59	Nicola Doohan
			37	321	0:13:37	Jennifer Lyne
6	77	Falkirk Victoria Harriers	11	296	0:11:59	Jessica Christie
			31	300	0:13:09	Olivia Varelle
			35	298	0:13:30	Katy McGonigal
7	146	Law & District AAC	47	332	0:14:50	Megan Grew
			49	334	0:15:07	Elle Henderson
			50	335	0:15:20	Pamela Newell

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Under 17 Men

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results		Club
					M/F	Cat	
1	380	00:09:48	Adam	Scott	M	(MU17)	Fife AC
2	1076	00:09:57	Freddie	Carcas	M	(MU17)	Edinburgh AC
3	425	00:10:02	James	Gillon	M	(MU17)	Law & District AAC
4	373	00:10:05	Sam	Brown	M	(MU17)	Edinburgh AC
5	445	00:10:05	Charlie	Milarvie	M	(MU17)	VP-Glasgow AC
6	448	00:10:07	Robbie	Smith	M	(MU17)	VP-Glasgow AC
7	377	00:10:07	Euan	Boyle	M	(MU17)	Fife AC
8	348	00:10:08	Jack	Gillespie	M	(MU17)	Aberdeen AAC
9	404	00:10:09	Cameron	Watson	M	(MU17)	Inverclyde AC
10	413	00:10:09	Andrew	MacAngus	M	(MU17)	Kilbarchan AAC
11	424	00:10:12	Magnus	Tait	M	(MU17)	Lasswade AAC
12	419	00:10:13	Luke	McCaffrey	M	(MU17)	Kirkintilloch Olympians
13	381	00:10:14	Robert	Sparks	M	(MU17)	Fife AC
14	436	00:10:14	Jamie	Burns	M	(MU17)	Shettleston Harriers
15	383	00:10:15	Faisal	Khursheed	M	(MU17)	Gala Harriers
16	384	00:10:16	Callum	Tharme	M	(MU17)	Gala Harriers
17	405	00:10:18	Joe	Arnaud	M	(MU17)	Inverness Harriers AAC
18	375	00:10:21	Lewis	Pentecost	M	(MU17)	Falkirk Victoria Harriers
19	398	00:10:23	Jamie	Sturrock	M	(MU17)	Giffnock North AAC
20	412	00:10:25	Craig	Kennedy	M	(MU17)	Kilbarchan AAC
21	361	00:10:27	Ryan	Stephen	M	(MU17)	Cambuslang Harriers
22	379	00:10:27	George	Rees	M	(MU17)	Fife AC
23	447	00:10:28	Lewis	Priest	M	(MU17)	VP-Glasgow AC
24	390	00:10:30	Cody	Stevenson	M	(MU17)	Garscube Harriers
25	431	00:10:32	James	Adam	M	(MU17)	Pitreavie AAC
26	391	00:10:33	Lorn	Webster	M	(MU17)	Garscube Harriers
27	394	00:10:34	Andrew	Love	M	(MU17)	Giffnock North AAC
28	363	00:10:35	Sandy	Holl	M	(MU17)	Central AC
29	374	00:10:36	Matthew	Kennedy	M	(MU17)	Edinburgh AC
30	397	00:10:36	Ben	Shaw	M	(MU17)	Giffnock North AAC
31	396	00:10:38	Harry	Nimmo	M	(MU17)	Giffnock North AAC
32	421	00:10:38	Christian	Graham	M	(MU17)	Lasswade AAC
33	417	00:10:39	Cameron	Wright	M	(MU17)	Kilbarchan AAC
34	368	00:10:39	Jonathan	Jackson	M	(MU17)	Corstorphine AAC
35	369	00:10:40	Thomas	Whiteford	M	(MU17)	Cumbernauld AAC
36	428	00:10:40	Luke	Poutney	M	(MU17)	Motherwell AC
37	402	00:10:42	Adam	Hay	M	(MU17)	Inverclyde AC
38	385	00:10:43	Thomas	Berry	M	(MU17)	Garscube Harriers
39	392	00:10:44	Nicholas	Boyle	M	(MU17)	Giffnock North AAC
40	439	00:10:46	Fraser	Kelly	M	(MU17)	Team East Lothian

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Under 17 Men

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results		Cat	Club
					M/F			
41	350	00:10:50	Edouard	Lecrivain	M		(MU17)	Aberdeen AAC
42	366	00:10:50	Stephen	Addison	M		(MU17)	Corstorphine AAC
43	376	00:10:52	Harris	Pentecost	M		(MU17)	Falkirk Victoria Harriers
44	370	00:10:53	Jack	Anderson	M		(MU17)	Dundee Hawkhill Harriers
45	378	00:10:55	Craig	Morris	M		(MU17)	Fife AC
46	357	00:10:56	Eamon	Carr	M		(MU17)	Cambuslang Harriers
47	371	00:10:58	Bradley	Duff	M		(MU17)	Dundee Hawkhill Harriers
48	435	00:10:58	Seumas	MacKay	M		(MU17)	Shetland AAC
49	367	00:10:58	Forbes	Jackson	M		(MU17)	Corstorphine AAC
50	422	00:10:58	Euan	Hood	M		(MU17)	Lasswade AAC
51	430	00:10:59	Levi	Sweeney	M		(MU17)	Perth Strathtay Harriers
52	395	00:11:03	Michael	Lowrie	M		(MU17)	Giffnock North AAC
53	354	00:11:08	Declan	McGhee	M		(MU17)	Ayr Seaforth AC
54	420	00:11:10	Jamie	Darling	M		(MU17)	Lasswade AAC
55	410	00:11:13	Jordan	Gilchrist	M		(MU17)	Kilbarchan AAC
56	434	00:11:13	Struan	Ross	M		(MU17)	Pitreavie AAC
57	400	00:11:14	Ryan	Brown	M		(MU17)	Greenock Glenpark Harriers
58	429	00:11:14	Ross	Acklam	M		(MU17)	Nithsdale AC
59	399	00:11:15	Calum	Young	M		(MU17)	Giffnock North AAC
60	365	00:11:17	Michael	Miller	M		(MU17)	Clydesdale Harriers
61	389	00:11:22	Arun	Smith	M		(MU17)	Garscube Harriers
62	353	00:11:22	Aidan	Copland	M		(MU17)	Ayr Seaforth AC
63	406	00:11:23	Ben	Johnstone	M		(MU17)	Inverness Harriers AAC
64	440	00:11:30	Fergus	Blyth	M		(MU17)	VP-Glasgow AC
65	426	00:11:31	Adam	Kelly	M		(MU17)	Law & District AAC
66	387	00:11:36	Fraser	Gordon	M		(MU17)	Garscube Harriers
67	403	00:11:36	Sammy	Hearl	M		(MU17)	Inverclyde AC
68	356	00:11:58	Andrew	Carey	M		(MU17)	Cambuslang Harriers
69	423	00:11:58	Daniel	Kelly	M		(MU17)	Lasswade AAC
70	386	00:12:04	Robbie	Burnside	M		(MU17)	Garscube Harriers
71	441	00:12:10	Calum	Brown	M		(MU17)	VP-Glasgow AC
72	442	00:12:23	Thomas	Connolly	M		(MU17)	VP-Glasgow AC
73	372	00:12:39	Kristofer	Hernandez	M		(MU17)	Dundee Hawkhill Harriers
74	418	00:13:53	Harry	Lamond	M		(MU17)	Kirkintilloch Olympians

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November U17M Team King George V Playing Fields, Renfrew

Results						
Pos	Points	Club	Pos	Bib	Time	Name
1	21	Fife AC	1	380	0:09:48	Adam Scott
			7	377	0:10:07	Euan Boyle
			13	381	0:10:14	Robert Sparks
2	34	VP-Glasgow AC	5	445	0:10:05	Charlie Milarvie
			6	448	0:10:07	Robbie Smith
			23	447	0:10:28	Lewis Priest
3	35	Edinburgh AC	2	1282	0:09:57	Freddie Carcas
			4	373	0:10:05	Sam Brown
			29	374	0:10:36	Matthew Kennedy
4	63	Kilbarchan AAC	10	413	0:10:09	Andrew MacAngus
			20	412	0:10:25	Craig Kennedy
			33	417	0:10:39	Cameron Wright
5	76	Giffnock North AAC	19	398	0:10:23	Jamie Sturrock
			27	394	0:10:34	Andrew Love
			30	397	0:10:36	Ben Shaw
6	88	Garscube Harriers	24	390	0:10:30	Cody Stevenson
			26	391	0:10:33	Lorn Webster
			38	385	0:10:43	Thomas Berry
7	93	Lasswade AAC	11	424	0:10:12	Magnus Tait
			32	421	0:10:38	Christian Graham
			50	422	0:10:58	Euan Hood
8	113	Inverclyde AC	9	404	0:10:09	Cameron Watson
			37	402	0:10:42	Adam Hay
			67	403	0:11:36	Sammy Hearl
9	125	Corstorphine AAC	34	368	0:10:39	Jonathan Jackson
			42	366	0:10:50	Stephen Addison
			49	367	0:10:58	Forbes Jackson
10	135	Cambuslang Harriers	21	361	0:10:27	Ryan Stephen
			46	357	0:10:56	Eamon Carr
			68	356	0:11:58	Andrew Carey
11	164	Dundee Hawkhill Harriers	44	370	0:10:53	Jack Anderson
			47	371	0:10:58	Bradley Duff
			73	372	0:12:39	Kristofer Hernandez

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Senior / Junior / Master Women

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results		Cat	Club
					M/F			
1	985	00:13:20	Laura	Muir	F		(F Sen)	Glasgow University Hare and H
2	993	00:14:00	Rosie	Smith	F		(F Sen)	Hunters Bog Trotters
3	900	00:14:02	Morag	MacLarty	F		(F Sen)	Central AC
4	907	00:14:11	Nicola	Hood	F		(F Sen)	Dumfries Running Club
5	924	00:14:13	Stephanie	Pennycook	F		(F Sen)	Edinburgh Univ Hare & Hounds
6	1139	00:14:18	Jemma	Reekie	F		(FU20)	Kilbarchan AAC
7	1127	00:14:19	Annabel	Simpson	F		(FU20)	Fife AC
8	905	00:14:20	Jennifer	Wetton	F		(F Sen)	Central AC
9	1018	00:14:25	Sarah	Inglis	F		(F Sen)	Lothian Running Club
10	918	00:14:25	Freya	Ross	F		(F Sen)	Edinburgh AC
11	912	00:14:26	Emily	Dudgeon	F		(F Sen)	Edinburgh AC
12	1034	00:14:29	Jessica	Craig	F		(F Sen)	North Down AC
13	1063	00:14:29	Mhairi	Hendry	F		(F Sen)	VP-Glasgow AC
14	1150	00:14:30	Anna	Tait	F		(FU20)	VP-Glasgow AC
15	1039	00:14:39	Megan	Davies	F		(F Sen)	Sale Harriers
16	1141	00:14:40	Laura	Stark	F		(FU20)	Kilbarchan AAC
17	898	00:14:42	Fanni	Gyurko	F		(F Sen)	Central AC
18	1054	00:14:42	Michelle	Sandison	F		(F Sen)	Springburn Harriers
19	914	00:14:43	Rachael	Dunn	F		(F Sen)	Edinburgh AC
20	1043	00:14:48	Emma	Dunnett	F		(F Sen)	Shettleston Harriers
21	1066	00:14:52	Philippa	Millage	F		(F Sen)	VP-Glasgow AC
22	1004	00:14:55	Elsbeth	Curran	F		(F Sen)	Kilbarchan AAC
23	1115	00:14:59	Catriona	Graves	F		(FU20)	Edinburgh Univ Hare & Hounds
24	1026	00:15:00	Kayleigh	Jarrett	F		(F Sen)	Metro Aberdeen Running Club
25	1062	00:15:00	Suzanne	Gilmour	F		(F40)	VP-Glasgow AC
26	962	00:15:02	Katie	White	F		(F Sen)	Garscube Harriers
27	1047	00:15:04	Avril	Mason	F		(F40)	Shettleston Harriers
28	1136	00:15:05	Sarah	Dempsey	F		(FU20)	Kilbarchan AAC
29	1153	00:15:07	Sarah	Laverty	F		(FU20)	Edinburgh AC
30	943	00:15:09	Lesley	Chisholm	F		(F40)	Garscube Harriers
31	911	00:15:09	Rebecca	Burns	F		(F Sen)	Edinburgh AC
32	861	00:15:10	Ellie	Buchan	F		(F Sen)	Aberdeen AAC
33	998	00:15:13	Nynke	Mulholland	F		(F Sen)	Inverclyde AC
34	935	00:15:16	Halina	Rees	F		(F Sen)	Fife AC
35	920	00:15:17	Lauren	Wilson	F		(F Sen)	Edinburgh AC
36	910	00:15:18	Katie	Bain	F		(F Sen)	Edinburgh AC
37	919	00:15:19	Lauren	Stoddart	F		(F Sen)	Edinburgh AC
38	903	00:15:20	Fiona	Thompson	F		(F Sen)	Central AC
39	890	00:15:22	Alexandra	Lamond	F		(F Sen)	Cambuslang Harriers
40	1138	00:15:23	Iona	Miller	F		(FU20)	Kilbarchan AAC
41	997	00:15:23	Sharon	Muir	F		(F40)	Inverclyde AC
42	941	00:15:23	Kirstin	Maxwell	F		(F Sen)	Gala Harriers
43	1106	00:15:24	Hannah	Addison	F		(FU20)	Corstorphine AAC
44	1110	00:15:29	Zoe	Bates	F		(FU20)	Edinburgh AC
45	864	00:15:29	Jade	MacLaren	F		(F Sen)	Aberdeen AAC
46	1023	00:15:34	Fiona	Brian	F		(F Sen)	Metro Aberdeen Running Club
47	913	00:15:35	Janet	Dunbar	F		(F45)	Edinburgh AC
48	1137	00:15:37	Kerry	MacAngus	F		(FU20)	Kilbarchan AAC
49	1119	00:15:41	Eve	MacKinnon	F		(FU20)	Edinburgh Univ Hare & Hounds
50	1038	00:15:45	Karen	Kennedy	F		(F45)	PH Racing Club
51	1049	00:15:45	Shona	Robertson	F		(F45)	Shettleston Harriers
52	922	00:15:55	Sarah	Douglas	F		(F Sen)	Edinburgh Univ Hare & Hounds
53	928	00:15:57	Andrea	Burke Rae	F		(F Sen)	Fife AC
54	1151	00:16:00	Anisha	Badial	F		(FU20)	Aberdeen AAC
55	980	00:16:02	Julie	Dobbin	F		(F Sen)	Glasgow University Hare and H
56	889	00:16:05	Katie	Bristow	F		(F Sen)	Cambuslang Harriers

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Senior / Junior / Master Women

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
57	901	00:16:12	Natalie	Milne	F	(F Sen)	(F Sen)	Central AC
58	1044	00:16:13	Oonagh	Dunnett	F	(F Sen)	(F Sen)	Shettleston Harriers
59	1111	00:16:16	Hannah	Cameron	F	(FU20)	(FU20)	Edinburgh AC
60	966	00:16:17	Allie	Chong	F	(F45)	(F45)	Giffnock North AAC
61	1024	00:16:20	Claire	Bruce	F	(F Sen)	(F Sen)	Metro Aberdeen Running Club
62	1017	00:16:22	Hilary	McGrath	F	(F50)	(F50)	Law & District AAC
63	1055	00:16:23	Hannah	Terrance	F	(F Sen)	(F Sen)	Springburn Harriers
64	932	00:16:27	Katie	Jones	F	(F Sen)	(F Sen)	Fife AC
65	1118	00:16:29	Rhiannon	Kirk	F	(FU20)	(FU20)	Edinburgh Univ Hare & Hounds
66	1050	00:16:32	Carole	Setchell-McColl	F	(F Sen)	(F Sen)	Shettleston Harriers
67	1019	00:16:33	Mhairi	Inglis	F	(F Sen)	(F Sen)	Lothian Running Club
68	904	00:16:34	Kimberley	Timmins	F	(F Sen)	(F Sen)	Central AC
69	970	00:16:36	Mary	McCutcheon	F	(F50)	(F50)	Giffnock North AAC
70	1131	00:16:39	Katrina	Ballantyne	F	(FU20)	(FU20)	Glasgow University Hare and H
71	1046	00:16:42	Charlene Sophia	Manley	F	(F Sen)	(F Sen)	Shettleston Harriers
72	1020	00:16:44	Lana	Turnbull	F	(F Sen)	(F Sen)	Lothian Running Club
73	863	00:16:45	Jennifer	Harrison	F	(F Sen)	(F Sen)	Aberdeen AAC
74	1132	00:16:47	Isabelle	Rayner	F	(FU20)	(FU20)	Glasgow University Hare and H
75	917	00:16:47	Susan	Ridley	F	(F50)	(F50)	Edinburgh AC
76	1130	00:16:48	Heather	Addison	F	(FU20)	(FU20)	Glasgow University Hare and H
77	1102	00:16:49	Kelsey	Stewart	F	(FU20)	(FU20)	Aberdeen AAC
78	1073	00:16:50	Valerie	Houston	F	(F50)	(F50)	Westerlands XC Club
79	1142	00:16:53	Holly	Thompson	F	(FU20)	(FU20)	Kilbarchan AAC
80	996	00:16:54	Julie	Gordon	F	(F40)	(F40)	Inverclyde AC
81	1005	00:16:54	Sharon	Hastie	F	(F40)	(F40)	Kilbarchan AAC
82	1113	00:16:55	Lydia	Blythe	F	(FU20)	(FU20)	Edinburgh Univ Hare & Hounds
83	899	00:16:55	Claire	Houston	F	(F Sen)	(F Sen)	Central AC
84	1021	00:16:59	Mel	Zobel	F	(F Sen)	(F Sen)	Lothian Running Club
85	892	00:16:59	Jennifer	Reid	F	(F40)	(F40)	Cambuslang Harriers
86	1105	00:17:01	Eleanor	Hanson	F	(FU20)	(FU20)	Central AC
87	1011	00:17:03	Stephanie	Hewitt	F	(F Sen)	(F Sen)	Kilmarnock H&AC
88	982	00:17:04	Mikaela	Hannam	F	(F Sen)	(F Sen)	Glasgow University Hare and H
89	1022	00:17:06	Jill	Bonthron	F	(F Sen)	(F Sen)	Metro Aberdeen Running Club
90	1135	00:17:09	Heather	Campbell	F	(FU20)	(FU20)	Inverness Harriers AAC
91	906	00:17:11	Pamela	McCossan	F	(F55)	(F55)	Clydesdale Harriers
92	891	00:17:14	Bernadette	O'Neil	F	(F45)	(F45)	Cambuslang Harriers
93	893	00:17:20	Erica	Christie	F	(F60)	(F60)	Cambuslang Harriers/Ind
94	1016	00:17:21	Christina	Whitelaw Collins	F	(F Sen)	(F Sen)	Larkhall YMCA Harriers
95	1031	00:17:24	Joanne	Clark	F	(F40)	(F40)	Motherwell AC
96	872	00:17:25	Lynne	McDowall	F	(F Sen)	(F Sen)	Bellahouston Harriers
97	1148	00:17:27	Madeleine	Watson	F	(FU20)	(FU20)	Strathearn Harriers
98	986	00:17:34	Ellie	Waugh	F	(F Sen)	(F Sen)	Glasgow University Hare and H
99	902	00:17:37	Patricia	Milne	F	(F50)	(F50)	Central AC
100	887	00:17:38	Joanne	McEvoy	F	(F Sen)	(F Sen)	Calderglen Harriers
101	1108	00:17:39	Alicia	Paton	F	(FU20)	(FU20)	Cumbernauld AAC
102	951	00:17:42	Chloe	McAdam	F	(F Sen)	(F Sen)	Garscube Harriers
103	965	00:17:45	Alison	Wood	F	(F Sen)	(F Sen)	Garscube Harriers
104	1122	00:17:47	Rosie	Wright	F	(FU20)	(FU20)	Edinburgh Univ Hare & Hounds
105	940	00:17:49	Rachel	Fagan	F	(F40)	(F40)	Gala Harriers
106	956	00:17:52	Mary	Senior	F	(F40)	(F40)	Garscube Harriers
107	1072	00:17:53	Catriona	Fisher	F	(F40)	(F40)	Westerlands XC Club
108	884	00:17:59	Camilla	Sims	F	(F Sen)	(F Sen)	Bellahouston Road Runners
109	947	00:18:00	Marian	Kelly	F	(F Sen)	(F Sen)	Garscube Harriers
110	963	00:18:00	Ann	White	F	(F65)	(F65)	Garscube Harriers
111	877	00:18:02	Shona	Donnelly	F	(F45)	(F45)	Bellahouston Road Runners
112	979	00:18:04	Audrey	Braven-Ayres	F	(F Sen)	(F Sen)	Glasgow University Hare and H

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Senior / Junior / Master Women

King George V Playing Fields, Renfrew

				Results			
Pos	No	Time	Forename	Surname	M/F	Cat	Club
113	1143	00:18:05	Margaret	Newell	F	(FU20)	Law & District AAC
114	978	00:18:09	Li	Wang	F	(F50)	Giffnock North AAC
115	1030	00:18:12	Clare	Barr	F	(F45)	Motherwell AC
116	867	00:18:14	Janine	Dickie	F	(F Sen)	Bellahouston Harriers
117	923	00:18:14	Christine	Irvine	F	(F Sen)	Edinburgh Univ Hare & Hounds
118	871	00:18:15	Ann	Knox	F	(F Sen)	Bellahouston Harriers
119	1025	00:18:16	Petra	Hampton	F	(F Sen)	Metro Aberdeen Running Club
120	1042	00:18:17	Mhairi	Donaldson	F	(F Sen)	Shettleston Harriers
121	1057	00:18:18	Kerry	Sweeney	F	(F40)	Strathearn Harriers
122	949	00:18:19	Martha	Lovatt	F	(F Sen)	Garscube Harriers
123	1104	00:18:19	Jodie	Currie	F	(FU20)	Central AC
124	999	00:18:23	Doreen	Campbell	F	(F45)	Inverness Harriers AAC
125	1109	00:18:31	Victoria	Robertson	F	(FU20)	Cumbernauld AAC
126	1121	00:18:33	Lise	Theron	F	(FU20)	Edinburgh Univ Hare & Hounds
127	873	00:18:35	Claire	Norman	F	(F Sen)	Bellahouston Harriers
128	886	00:18:36	Kay	Conneff	F	(F Sen)	Calderglen Harriers
129	1032	00:18:37	Vicki	Kennedy	F	(F Sen)	Motherwell AC
130	1146	00:18:40	Emma	Hunter	F	(FU20)	Motherwell AC
131	1056	00:18:41	Joanna	Reid	F	(F Sen)	Strathclyde Univ Harriers
132	944	00:18:43	Diane	Clark	F	(F Sen)	Garscube Harriers
133	948	00:18:43	Alison	Locke	F	(F Sen)	Garscube Harriers
134	881	00:18:46	Julia	McDonald	F	(F Sen)	Bellahouston Road Runners
135	1012	00:18:48	Elizabeth	McDermott	F	(F45)	Kilmarnock H&AC
136	969	00:18:49	Nicola	McBeath	F	(F Sen)	Giffnock North AAC
137	1123	00:18:51	Katy	Aitken	F	(FU20)	Fife AC
138	1027	00:18:54	Sarah	Knox	F	(F45)	Metro Aberdeen Running Club
139	995	00:18:56	Emma	Fulton	F	(F Sen)	Inverclyde AC
140	1053	00:18:58	Barbara	Knox	F	(F50)	Springburn Harriers
141	870	00:18:59	Emily	Jackson	F	(F Sen)	Bellahouston Harriers
142	989	00:19:05	Lorna	Coyle	F	(F55)	Greenock Glenpark Harriers
143	1145	00:19:08	Kirsty	Ferguson	F	(FU20)	Motherwell AC
144	1116	00:19:11	Katie	Hall	F	(FU20)	Edinburgh Univ Hare & Hounds
145	1008	00:19:12	Julia	Wylie	F	(F50)	Kilbarchan AAC
146	955	00:19:13	Petra	Sambale	F	(F50)	Garscube Harriers
147	866	00:19:13	Suzanne	Boyle	F	(F Sen)	Bellahouston Harriers
148	1029	00:19:14	Anita	Torr	F	(F40)	Metro Aberdeen Running Club
149	1114	00:19:22	Georgia	Freeman-Mills	F	(FU20)	Edinburgh Univ Hare & Hounds
150	1048	00:19:24	Hayley	McCrorie	F	(F Sen)	Shettleston Harriers
151	1045	00:19:27	Rhona	Galloway	F	(F Sen)	Shettleston Harriers
152	1015	00:19:28	Allison	Law	F	(F50)	Kirkintilloch Olympians
153	991	00:19:30	Emma	O'Rourke	F	(F Sen)	Greenock Glenpark Harriers
154	984	00:19:33	Juliet	Hill	F	(F Sen)	Glasgow University Hare and H
155	1040	00:19:35	Sarah	Whalen	F	(F40)	Scottish Prison Service AAC
156	1009	00:19:41	Amanda	Bryden	F	(F Sen)	Kilmarnock H&AC
157	976	00:19:51	Louise	Sutherland	F	(F50)	Giffnock North AAC
158	1033	00:19:53	Tracey	Lamont	F	(F40)	Motherwell AC
159	1059	00:19:53	Christine	Catterson	F	(F55)	VP-Glasgow AC
160	1013	00:20:05	Doreen	Wales	F	(F40)	Kilmarnock H&AC
161	908	00:20:07	Gemma	Kirkwan	F	(F45)	East Kilbride A.C.
162	988	00:20:09	Susan	Clark	F	(F45)	Greenock Glenpark Harriers
163	926	00:20:09	Monica	Anderson	F	(F45)	Falkirk Victoria Harriers
164	942	00:20:13	Morag	Casey	F	(F40)	Garscube Harriers
165	875	00:20:17	Rebecca	Simister	F	(F Sen)	Bellahouston Harriers
166	959	00:20:22	Irene	Veza	F	(F55)	Garscube Harriers
167	879	00:20:25	Kelly	Ludwig	F	(F Sen)	Bellahouston Road Runners
168	990	00:20:30	Lana	Hanson	F	(F Sen)	Greenock Glenpark Harriers
169	894	00:20:33	Frances	Beattie	F	(F Sen)	Carnegie Harriers

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

Senior / Junior / Master Women

King George V Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results		Cat	Club
					M/F			
170	960	00:20:36	Anna	Walker	F		(F Sen)	Garscube Harriers
171	868	00:20:41	Claire	Fitzsimmons	F		(F Sen)	Bellahouston Harriers
172	1014	00:20:46	Elaine	Hogg	F		(F45)	Kirkintilloch Olympians
173	1010	00:20:51	Laura	Carruthers	F		(F Sen)	Kilmarnock H&AC
174	878	00:20:53	Lynne	Goldie	F		(F50)	Bellahouston Road Runners
175	987	00:20:54	Angeline	Austin	F		(F40)	Greenock Glenpark Harriers
176	973	00:20:58	Maureen	McVey	F		(F50)	Giffnock North AAC
177	983	00:21:03	Maggie	Harger	F		(F Sen)	Glasgow University Hare and H
178	967	00:21:10	Catriona	Gourley	F		(F50)	Giffnock North AAC
179	945	00:21:16	Alison	Condie	F		(F50)	Garscube Harriers
180	946	00:21:28	Mary	Cox	F		(F60)	Garscube Harriers
181	874	00:21:33	Michelle	O'Shea	F		(F Sen)	Bellahouston Harriers
182	925	00:21:35	Rachel	Stewart	F		(F Sen)	Edinburgh Univ Hare & Hounds
183	869	00:21:39	Deirdre	Hoyle	F		(F65)	Bellahouston Harriers
184	885	00:22:24	Lorraine	Buchanan	F		(F Sen)	Calderglen Harriers
185	992	00:22:36	Nathalie	Smith	F		(F40)	Greenock Glenpark Harriers
186	1095	00:22:39	Caroline	Dow	F		(F55)	Garscube Harriers
187	1144	00:22:50	Hannah	Stark	F		(FU20)	Law & District AAC

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November SW Team King George V Playing Fields, Renfrew
 Results

Pos	Points	Club	Pos	Bib	Time	Name
1	66	Central AC	3	900	0:14:02	Morag MacLarty
			8	905	0:14:20	Jennifer Wetton
			17	898	0:14:42	Fanni Gyurko
			38	903	0:15:20	Fiona Thompson
2	69	Edinburgh AC	10	918	0:14:25	Freya Ross
			11	912	0:14:26	Emily Dudgeon
			19	914	0:14:43	Rachael Dunn
			29	916	0:15:07	Sarah Laverty
3	72	Kilbarchan AAC	6	1139	0:14:18	Jemma Reekie
			16	1141	0:14:40	Laura Stark
			22	1004	0:14:55	Elspeth Curran
			28	1136	0:15:05	Sarah Dempsey
4	73	VP-Glasgow AC	13	1063	0:14:29	Mhairi Hendry
			14	1150	0:14:30	Anna Tait
			21	1066	0:14:52	Philippa Millage
			25	1062	0:15:00	Suzanne Gilmour
5	129	Edinburgh Univ Hare & Hounds	5	924	0:14:13	Stephanie Pennycook
			23	1115	0:14:59	Catriona Graves
			49	1119	0:15:41	Eve MacKinnon
			52	922	0:15:55	Sarah Douglas
6	156	Shettleston Harriers	20	1043	0:14:48	Emma Dunnett
			27	1047	0:15:04	Avril Mason
			51	1049	0:15:45	Shona Robertson
			58	1044	0:16:13	Oonagh Dunnett
7	158	Fife AC	7	1127	0:14:19	Annabel Simpson
			34	935	0:15:16	Halina Rees
			53	928	0:15:57	Andrea Burke Rae
			64	932	0:16:27	Katie Jones
8	200	Glasgow University Hare and H	1	985	0:13:20	Laura Muir
			55	980	0:16:02	Julie Dobbin
			70	1131	0:16:39	Katrina Ballantyne
			74	1132	0:16:47	Isabelle Rayner
9	204	Aberdeen AAC	32	861	0:15:10	Ellie Buchan
			45	864	0:15:29	Jade MacLaren
			54	1286	0:16:00	Anisha Badial
			73	863	0:16:45	Jennifer Harrison
10	220	Metro Aberdeen Running Club	24	1026	0:15:00	Kayleigh Jarrett
			46	1023	0:15:34	Fiona Brian
			61	1024	0:16:20	Claire Bruce
			89	1022	0:17:06	Jill Bonthron
11	232	Lothian Running Club	9	1018	0:14:25	Sarah Inglis
			67	1019	0:16:33	Mhairi Inglis
			72	1020	0:16:44	Lana Turnbull
			84	1021	0:16:59	Mel Zobel

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November SW Team King George V Playing Fields, Renfrew
 Results

Pos	Points	Club	Pos	Bib	Time	Name
12	261	Garscube Harriers	26	962	0:15:02	Katie White
			30	943	0:15:09	Lesley Chisholm
			102	951	0:17:42	Chloe McAdam
			103	965	0:17:45	Alison Wood
13	272	Cambuslang Harriers	39	890	0:15:22	Alexandra Lamond
			56	889	0:16:05	Katie Bristow
			85	892	0:16:59	Jennifer Reid
			92	891	0:17:14	Bernadette O'Neil
14	293	Inverclyde AC	33	998	0:15:13	Nynke Mulholland
			41	997	0:15:23	Sharon Muir
			80	996	0:16:54	Julie Gordon
			139	995	0:18:56	Emma Fulton
15	379	Giffnock North AAC	60	966	0:16:17	Allie Chong
			69	970	0:16:36	Mary McCutcheon
			114	978	0:18:09	Li Wang
			136	969	0:18:49	Nicola McBeath
16	457	Bellahouston Harriers	96	872	0:17:25	Lynne McDowall
			116	867	0:18:14	Janine Dickie
			118	871	0:18:15	Ann Knox
			127	873	0:18:35	Claire Norman
17	469	Motherwell AC	95	1031	0:17:24	Joanne Clark
			115	1030	0:18:12	Clare Barr
			129	1032	0:18:37	Vicki Kennedy
			130	1146	0:18:40	Emma Hunter
18	520	Bellahouston Road Runners	108	884	0:17:59	Camilla Sims
			111	877	0:18:02	Shona Donnelly
			134	881	0:18:46	Julia McDonald
			167	879	0:20:25	Kelly Ludwig
19	538	Kilmarnock H&AC	87	1011	0:17:03	Stephanie Hewitt
			135	1012	0:18:48	Elizabeth McDerment
			156	1009	0:19:41	Amanda Bryden
			160	1013	0:20:05	Doreen Wales
20	625	Greenock Glenpark Harriers	142	989	0:19:05	Lorna Coyle
			153	991	0:19:30	Emma O'Rourke
			162	988	0:20:09	Susan Clark
			168	990	0:20:30	Lana Hanson

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 5th November

Senior / Junior Master Men King George V Memorial Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
1	629	00:12:05	Ben	Stevenson		M	(M Sen)	Falkirk Victoria Harriers
2	837	00:12:09	Tewoldeberhan	Mengisteab		M	(M Sen)	Shettleston Harriers
3	450	00:12:13	Michael	Ferguson		M	(M Sen)	Aberdeen AAC
4	716	00:12:17	Andrew	Douglas		M	(M Sen)	Inverclyde AC
5	621	00:12:19	Scott	Stirling		M	(M Sen)	Edinburgh Univ Hare & Hounds
6	573	00:12:23	Calum	McKenzie		M	(M Sen)	Corstorphine AAC
7	1275	00:12:25	Connor	Maclean		M	(MU20)	Stornoway Running & AC
8	838	00:12:26	Lachlan	Oates		M	(M Sen)	Shettleston Harriers
9	596	00:12:27	Michael	Christoforou		M	(M Sen)	Edinburgh AC
10	540	00:12:31	Jamie	Crowe		M	(M Sen)	Central AC
11	617	00:12:32	Jake	Wightman		M	(M Sen)	Edinburgh AC
12	1270	00:12:33	Sol	Sweeney		M	(MU20)	Perth Strathtay Harriers
13	1243	00:12:33	Logan	Rees		M	(MU20)	Fife AC
14	525	00:12:34	Ryan	Thomson		M	(M Sen)	Cambuslang Harriers
15	1211	00:12:36	Craig	Jardine		M	(MU20)	Cambuslang Harriers
16	1252	00:12:37	Euan	Gillham		M	(MU20)	Kilbarchan AAC
17	852	00:12:38	Afwerki	Haile		M	(M Sen)	VP-Glasgow AC
18	553	00:12:39	Cameron	Milne		M	(M Sen)	Central AC
19	1244	00:12:40	Tristan	Rees		M	(MU20)	Fife AC
20	546	00:12:40	Alexander	Hendry		M	(M Sen)	Central AC
21	539	00:12:43	Dale	Colley		M	(M Sen)	Central AC
22	509	00:12:43	Stuart	Gibson		M	(M Sen)	Cambuslang Harriers
23	550	00:12:44	Conan	McCaughy		M	(M Sen)	Central AC
24	1222	00:12:45	James	Donald		M	(MU20)	Dundee Hawkhill Harriers
25	619	00:12:52	Andrew	Lawler		M	(M Sen)	Edinburgh Univ Hare & Hounds
26	1269	00:12:54	Ben	Greenwood		M	(MU20)	Perth Strathtay Harriers
27	616	00:12:55	Iain	Whitaker		M	(M Sen)	Edinburgh AC
28	510	00:12:56	Robert	Gilroy		M	(M40)	Cambuslang Harriers
29	685	00:12:56	Gavyn	Chalmers		M	(M Sen)	Glasgow University Hare and H
30	728	00:12:57	Mark	Pollard		M	(M Sen)	Inverclyde AC
31	784	00:12:57	Hamish	Battle		M	(M Sen)	Metro Aberdeen Running Club
32	826	00:12:58	Peter	Avent		M	(M Sen)	Shettleston Harriers
33	1278	00:12:59	Max	Milarvie		M	(MU20)	VP-Glasgow AC
34	1237	00:13:00	Callum	Symmons		M	(MU20)	Edinburgh Univ Hare & Hounds
35	571	00:13:00	Mark	Haskett		M	(M Sen)	Corstorphine AAC
36	457	00:13:00	Rory	Muir		M	(M Sen)	Aberdeen AAC
37	568	00:13:01	Howell	Craske		M	(M Sen)	Corstorphine AAC
38	1080	00:13:02	Jozsef	Farkas		M	(M Sen)	
39	503	00:13:02	Alistair	Campbell		M	(M Sen)	Cambuslang Harriers
40	637	00:13:02	Darrell	Hastie		M	(M Sen)	Gala Harriers
41	1232	00:13:04	Alexander	Chepin		M	(MU20)	Edinburgh Univ Hare & Hounds
42	729	00:13:04	Craig	Ruddy		M	(M Sen)	Inverclyde AC
43	734	00:13:04	Craig	Campbell		M	(M Sen)	Inverness Harriers AAC
44	556	00:13:05	Tom	Watson		M	(M Sen)	Central AC
45	1221	00:13:08	Cameron	Richardson		M	(MU20)	Cumbernauld AAC
46	721	00:13:09	David	Henderson		M	(M Sen)	Inverclyde AC
47	1274	00:13:10	Tyler	White		M	(MU20)	Pitreavie AAC
48	741	00:13:11	Scott	MacAulay		M	(M Sen)	Kilbarchan AAC
49	713	00:13:11	John	Bell		M	(M Sen)	Inverclyde AC
50	1231	00:13:12	Alex	Carcas		M	(MU20)	Edinburgh Univ Hare & Hounds
51	1249	00:13:13	Ross	Gray		M	(MU20)	Inverclyde AC
52	687	00:13:13	Alastair	Thurlbeck		M	(M Sen)	Glasgow University Hare and H
53	1219	00:13:14	Anthony	Addison		M	(MU20)	Corstorphine AAC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 5th November

Senior / Junior Master Men King George V Memorial Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
54	841	00:13:14	Paul	Sorrie		M	(M Sen)	Shettleston Harriers
55	1239	00:13:15	Cameron	Young		M	(MU20)	Edinburgh Univ Hare & Hounds
56	577	00:13:18	Scott	Pilkington		M	(M Sen)	Corstorphine AAC
57	455	00:13:21	Eoghan	MacNamara		M	(M Sen)	Aberdeen AAC
58	618	00:13:21	Ewan	Davidson		M	(M Sen)	Edinburgh Univ Hare & Hounds
59	1213	00:13:22	Gavin	Smith		M	(MU20)	Cambuslang Harriers
60	712	00:13:24	Patryk	Gierjatowicz		M	(M Sen)	Hunters Bog Trotters
61	504	00:13:25	Alasdair	Campbell		M	(M Sen)	Cambuslang Harriers
62	1277	00:13:25	Jamie	MacKinnon		M	(MU20)	VP-Glasgow AC
63	1233	00:13:26	Jack	Leitch		M	(MU20)	Edinburgh Univ Hare & Hounds
64	1240	00:13:26	Sam	Fernando		M	(MU20)	Fife AC
65	1212	00:13:27	Paul	Morrison		M	(MU20)	Cambuslang Harriers
66	722	00:13:28	Michael	Houston		M	(M Sen)	Inverclyde AC
67	593	00:13:31	Peter	Cameron		M	(M Sen)	Edinburgh AC
68	544	00:13:32	Scott	Green		M	(M Sen)	Central AC
69	511	00:13:34	Benjamin	Hukins		M	(M Sen)	Cambuslang Harriers
70	824	00:13:34	Ben	Potrykus		M	(M Sen)	Pitreavie AAC
71	521	00:13:35	Gordon	Robertson		M	(M Sen)	Cambuslang Harriers
72	524	00:13:36	Ross	Stephen		M	(M Sen)	Cambuslang Harriers
73	1225	00:13:37	Martin	Lynas		M	(MU20)	East Kilbride A.C.
74	672	00:13:38	Andrew	Clark		M	(M Sen)	Giffnock North AAC
75	613	00:13:38	Callum	Reid		M	(M Sen)	Edinburgh AC
76	658	00:13:39	Garry	Mathew		M	(M Sen)	Garscube Harriers
77	1257	00:13:39	Matthew	Smith		M	(MU20)	Lasswade AAC
78	1242	00:13:39	Harvey	Rankin		M	(MU20)	Fife AC
79	1254	00:13:40	Scott	McLardie		M	(MU20)	Kilbarchan AAC
80	452	00:13:40	James	Joy		M	(M Sen)	Aberdeen AAC
81	661	00:13:40	Donald	McPartlin		M	(M Sen)	Garscube Harriers
82	502	00:13:42	Bobby	Bristow		M	(M Sen)	Cambuslang Harriers
83	631	00:13:43	Owen	Miller		M	(M Sen)	Fife AC
84	859	00:13:45	Cris	Walsh		M	(M40)	Bellahouston Harriers
85	1214	00:13:48	Scott	Somerville		M	(MU20)	Cambuslang Harriers
86	813	00:13:50	Myles	Bax		M	(M Sen)	Perth Road Runners
87	1205	00:13:51	Fraser	Stirling		M	(MU20)	Ayr Seaforth AC
88	636	00:13:51	Marcus	D'Agrosa		M	(M Sen)	Gala Harriers
89	697	00:13:51	Shaun	Lyon		M	(M Sen)	Greenock Glenpark Harriers
90	1229	00:13:52	Paul	Ireland		M	(MU20)	Edinburgh AC
91	515	00:13:52	Matthew	McKenna		M	(M Sen)	Cambuslang Harriers
92	656	00:13:54	Alasdair	MacMillan		M	(M Sen)	Garscube Harriers
93	690	00:13:55	Steven	Campbell		M	(M40)	Greenock Glenpark Harriers
94	738	00:13:56	Graham	Evans		M	(M Sen)	Kilbarchan AAC
95	460	00:13:56	Euan	Webster		M	(M Sen)	Aberdeen AAC
96	768	00:13:57	Jonathan	Kennedy		M	(M Sen)	Law & District AAC
97	717	00:13:57	Sean	Gaffney		M	(M Sen)	Inverclyde AC
98	537	00:13:58	Scott	Brember		M	(M40)	Central AC
99	1256	00:13:58	Ross	Lyttle		M	(MU20)	Larkhall YMCA Harriers
100	566	00:13:58	Moray	Anderson		M	(M40)	Corstorphine AAC
101	567	00:13:58	Alastair	Brockie		M	(M Sen)	Corstorphine AAC
102	724	00:13:59	Graeme	Hyett		M	(M Sen)	Inverclyde AC
103	1223	00:14:01	Andrew	Merry		M	(MU20)	Dundee Hawkhill Harriers
104	551	00:14:01	Lewis	Millar		M	(M Sen)	Central AC
105	801	00:14:02	Allan	Cameron		M	(M40)	Motherwell AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 5th November

Senior / Junior Master Men King George V Memorial Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
106	770	00:14:02	Darran	Muir		M	(M Sen)	Law & District AAC
107	800	00:14:03	Stephen	Allen		M	(M45)	Motherwell AC
108	655	00:14:04	Alasdair	MacIver		M	(M Sen)	Garscube Harriers
109	730	00:14:04	David	Tamburini		M	(M40)	Inverclyde AC
110	505	00:14:04	Justin	Carter		M	(M40)	Cambuslang Harriers
111	451	00:14:05	Andrew	Ferguson Jnr		M	(M Sen)	Aberdeen AAC
112	794	00:14:06	Stuart	Milne		M	(M Sen)	Metro Aberdeen Running Club
113	574	00:14:07	Douglas	McKinnon		M	(M Sen)	Corstorphine AAC
114	786	00:14:07	Steve	Buchan		M	(M40)	Metro Aberdeen Running Club
115	832	00:14:08	Andy	Little		M	(M50)	Shettleston Harriers
116	703	00:14:08	Paul	Monaghan		M	(M45)	Greenock Glenpark Harriers
117	1203	00:14:09	Aaron	Odentz		M	(MU20)	Aberdeen AAC
118	620	00:14:09	Alex	Luetchford		M	(M Sen)	Edinburgh Univ Hare & Hounds
119	464	00:14:10	Craig	McPike		M	(M Sen)	Ayr Seaforth AC
120	665	00:14:10	Craig	Shields		M	(M Sen)	Garscube Harriers
121	704	00:14:10	Christopher	Mooney		M	(M Sen)	Greenock Glenpark Harriers
122	777	00:14:11	Andrew	King		M	(M Sen)	Lothian Running Club
123	1266	00:14:12	Kobe	Stevens		M	(MU20)	Moorfoot Runners
124	788	00:14:13	Jeremy	Kibble		M	(M Sen)	Metro Aberdeen Running Club
125	475	00:14:13	Darren	McQuade		M	(M Sen)	Bellahouston Harriers
126	633	00:14:13	James	Rae		M	(M Sen)	Fife AC
127	833	00:14:14	Peter	Mackie		M	(M Sen)	Shettleston Harriers
128	1201	00:14:14	Fraser	Cruickshank		M	(MU20)	Aberdeen AAC
129	1210	00:14:15	Brendan	Carey		M	(MU20)	Cambuslang Harriers
130	570	00:14:16	Tom	Ferrington		M	(M40)	Corstorphine AAC
131	520	00:14:17	Colin	Reilly		M	(M Sen)	Cambuslang Harriers
132	839	00:14:18	Brian	Scally		M	(M50)	Shettleston Harriers
133	1251	00:14:18	James	Geddes		M	(MU20)	Inverness Harriers AAC
134	705	00:14:19	Kevin	O'Donoghue		M	(M Sen)	Greenock Glenpark Harriers
135	1263	00:14:19	Andrew	Mitchell		M	(MU20)	Livingston AC
136	766	00:14:21	Ross	Hill		M	(M Sen)	Law & District AAC
137	513	00:14:21	Johnny	MacNamara		M	(M40)	Cambuslang Harriers
138	581	00:14:22	Craig	Prior		M	(M Sen)	Dumbarton AAC
139	834	00:14:23	Paul	Masson		M	(M Sen)	Shettleston Harriers
140	764	00:14:24	Riccardo	Faccenda		M	(M Sen)	Law & District AAC
141	850	00:14:25	Patrick	Bowman		M	(M Sen)	VP-Glasgow AC
142	650	00:14:26	Nick	Heaney		M	(M40)	Garscube Harriers
143	1204	00:14:26	James	Pettigrew		M	(MU20)	Ayr Seaforth AC
144	820	00:14:28	Darren	Jubb		M	(M Sen)	PH Racing Club
145	634	00:14:28	Kevin	Schenk		M	(M Sen)	Forres Harriers
146	507	00:14:29	Brian	Douglas		M	(M40)	Cambuslang Harriers
147	756	00:14:29	David	Hogg		M	(M45)	Kirkintilloch Olympians
148	727	00:14:30	John	Muir		M	(M40)	Inverclyde AC
149	653	00:14:31	David	Lindsay		M	(M40)	Garscube Harriers
150	1236	00:14:31	Ben	Remnant		M	(MU20)	Edinburgh Univ Hare & Hounds
151	643	00:14:32	Steven	Currie		M	(M Sen)	Garscube Harriers
152	755	00:14:33	James	Gallacher		M	(M55)	Kirkintilloch Olympians
153	754	00:14:33	Howard	Elliott		M	(M45)	Kirkintilloch Olympians
154	628	00:14:34	John	Shanks		M	(M Sen)	Falkirk Victoria Harriers
155	723	00:14:34	Callum	Hunter		M	(M Sen)	Inverclyde AC
156	791	00:14:35	Ian	McGregor		M	(M Sen)	Metro Aberdeen Running Club
157	640	00:14:36	Daniel	Burns		M	(M Sen)	Garscube Harriers
158	720	00:14:36	Jon	Hammerman		M	(M Sen)	Inverclyde AC

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Saturday 5th November

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Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
159	591	00:14:38	Niall	Walker		M	(M Sen)	East Kilbride A.C.
160	638	00:14:39	Wayne	McIntosh		M	(M40)	Gala Harriers
161	715	00:14:40	Stephen	Cooke		M	(M Sen)	Inverclyde AC
162	474	00:14:40	David	Mackintosh		M	(M Sen)	Bellahouston Harriers
163	1206	00:14:43	Fraser	Armstrong		M	(MU20)	Bellahouston Harriers
164	548	00:14:43	David	Lindsay		M	(M Sen)	Central AC
165	1248	00:14:45	Euan	Rose		M	(MU20)	Glasgow University Hare and H
166	462	00:14:45	Grahame	Hopper		M	(M Sen)	Ayr Seaforth AC
167	583	00:14:46	Bruce	Scott		M	(M45)	Dundee Hawkhill Harriers
168	750	00:14:47	Robert	Bartley		M	(M40)	Kirkintilloch Olympians
169	842	00:14:49	Denis	Williams		M	(M50)	Shettleston Harriers
170	482	00:14:49	Andrew	Allen		M	(M50)	Bellahouston Road Runners
171	614	00:14:49	Terry	Roberts		M	(M Sen)	Edinburgh AC
172	845	00:14:50	Ross	McEachern		M	(M50)	Springburn Harriers
173	586	00:14:51	Ross	Grant		M	(M Sen)	East Kilbride A.C.
174	829	00:14:51	William	Coyle		M	(M50)	Shettleston Harriers
175	471	00:14:52	Paul	Clawson		M	(M Sen)	Bellahouston Harriers
176	602	00:14:52	Kevin	Hamilton		M	(M Sen)	Edinburgh AC
177	479	00:14:53	Thomas	Smith		M	(M Sen)	Bellahouston Harriers
178	758	00:14:53	Kieran	Pugh		M	(M Sen)	Kirkintilloch Olympians
179	702	00:14:54	Stephen	McLoone		M	(M50)	Greenock Glenpark Harriers
180	580	00:14:54	Callum	Thom		M	(M Sen)	Corstorphine AAC
181	600	00:14:54	Keith	Dunlop		M	(M Sen)	Edinburgh AC
182	578	00:14:55	Liam	Sleigh		M	(M Sen)	Corstorphine AAC
183	739	00:14:55	Connor	Henderson		M	(M Sen)	Kilbarchan AAC
184	481	00:14:56	John	Whitener		M	(M Sen)	Bellahouston Harriers
185	675	00:14:57	Ted	Gourley		M	(M50)	Giffnock North AAC
186	711	00:14:58	Mark	Vance		M	(M40)	Greenock Glenpark Harriers
187	649	00:14:59	Peter	Harper		M	(M45)	Garscube Harriers
188	648	00:14:59	Patrick	Gibbons		M	(M40)	Garscube Harriers
189	1262	00:14:59	Ben	Fountain		M	(MU20)	Law & District AAC
190	527	00:15:00	Alick	Walkinshaw		M	(M55)	Cambuslang Harriers
191	840	00:15:00	Kevin	Slaven		M	(M Sen)	Shettleston Harriers
192	1273	00:15:01	Evan	Ross		M	(MU20)	Pitreavie AAC
193	542	00:15:02	David	Eckersley		M	(M50)	Central AC
194	664	00:15:02	Simon	Sheridan		M	(M40)	Garscube Harriers
195	516	00:15:03	Iain	Nicholl		M	(M40)	Cambuslang Harriers
196	506	00:15:03	Des	Dickson		M	(M55)	Cambuslang Harriers
197	671	00:15:04	Luke	Chamberlain		M	(M40)	Giffnock North AAC
198	563	00:15:05	Iain	Robertson		M	(M Sen)	Clydesdale Harriers
199	844	00:15:05	Andrew	Callan		M	(M45)	Springburn Harriers
200	823	00:15:05	Colin	Lamont		M	(M Sen)	Pitreavie AAC
201	778	00:15:08	Euan	McInnes		M	(M40)	Lothian Running Club
202	1224	00:15:08	Luke	Kirwan		M	(MU20)	East Kilbride A.C.
203	681	00:15:09	David	Sawyer		M	(M40)	Giffnock North AAC
204	1265	00:15:09	Alastair	White		M	(MU20)	Livingston AC
205	746	00:15:10	Ryan	Waldron		M	(M Sen)	Kilbarchan AAC
206	463	00:15:10	Stephen	McCrorie		M	(M40)	Ayr Seaforth AC
207	807	00:15:13	Alan	Tait		M	(M40)	Motherwell AC
208	733	00:15:14	Ross	Cairns		M	(M40)	Inverness Harriers AAC
209	811	00:15:14	Alan	Donachy		M	(M45)	North Ayrshire AC
210	1216	00:15:16	Fraser	MacPherson		M	(MU20)	Central AC
211	714	00:15:17	Jude	Boulton		M	(M40)	Inverclyde AC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 5th November

Senior / Junior Master Men King George V Memorial Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
212	797	00:15:18	Andrew	Thompson		M	(M40)	Metro Aberdeen Running Club
213	526	00:15:19	Chris	Upson		M	(M50)	Cambuslang Harriers
214	1220	00:15:21	Callum	Campbell		M	(MU20)	Corstorphine AAC
215	667	00:15:21	Chris	Stockdale		M	(M Sen)	Garscube Harriers
216	490	00:15:23	Andrew	Buchanan		M	(M Sen)	Calderglen Harriers
217	585	00:15:23	Jamie	Clements		M	(M Sen)	East Kilbride A.C.
218	762	00:15:26	Andrew	McGlone		M	(M45)	Lasswade AAC
219	543	00:15:26	Charles	Graham-Marr		M	(M55)	Central AC
220	532	00:15:26	Chris	Stephenson		M	(M45)	Carnegie Harriers
221	821	00:15:26	Scott	Love		M	(M Sen)	PH Racing Club
222	757	00:15:26	Paul	O'Hare		M	(M40)	Kirkintilloch Olympians
223	1271	00:15:27	Daniel	Smith		M	(MU20)	PH Racing Club
224	765	00:15:28	Bobby	Hill		M	(M Sen)	Law & District AAC
225	590	00:15:28	David	Thomson		M	(M Sen)	East Kilbride A.C.
226	609	00:15:31	Nairn	McWilliams		M	(M Sen)	Edinburgh AC
227	682	00:15:31	Jason	Steele		M	(M40)	Giffnock North AAC
228	851	00:15:33	Ian	Dunn		M	(M45)	VP-Glasgow AC
229	668	00:15:35	Ian	Thomson		M	(M Sen)	Garscube Harriers
230	753	00:15:35	Sean	Casey		M	(M45)	Kirkintilloch Olympians
231	512	00:15:37	Scott	Hunter		M	(M40)	Cambuslang Harriers
232	695	00:15:37	Gordon	Hepburn		M	(M Sen)	Greenock Glenpark Harriers
233	787	00:15:38	Kenny	Garden		M	(M Sen)	Metro Aberdeen Running Club
234	745	00:15:39	Donald	Petrie		M	(M55)	Kilbarchan AAC
235	472	00:15:39	Francis	Gilroy		M	(M50)	Bellahouston Harriers
236	660	00:15:40	Robert	McLennan		M	(M55)	Garscube Harriers
237	773	00:15:40	David	Marshall		M	(M Sen)	Linlithgow AC
238	477	00:15:40	Iain	Morrison		M	(M50)	Bellahouston Harriers
239	561	00:15:41	Kevin	Farmer		M	(M Sen)	Clydesdale Harriers
240	641	00:15:41	Alexander	Chisholm		M	(M60)	Garscube Harriers
241	632	00:15:42	Daniel	Newman		M	(M45)	Fife AC
242	795	00:15:42	Steven	Morrison		M	(M Sen)	Metro Aberdeen Running Club
243	501	00:15:43	Mark	Saez		M	(M40)	Calderglen Harriers
244	626	00:15:43	Andrew	MacKenzie		M	(M Sen)	Falkirk Victoria Harriers
245	835	00:15:44	Duncan	McCauley		M	(M Sen)	Shettleston Harriers
246	1261	00:15:47	Kieran	Cubis		M	(MU20)	Law & District AAC
247	624	00:15:48	Wallace	Grieve		M	(M50)	Falkirk Victoria Harriers
248	449	00:15:48	Athol	Burnett		M	(M55)	Aberdeen AAC
249	582	00:15:50	Graham	Beckett		M	(M Sen)	Dumfries Running Club
250	518	00:15:50	Michael	O'Hagan		M	(M45)	Cambuslang Harriers
251	708	00:15:50	David	Roberts		M	(M Sen)	Greenock Glenpark Harriers
252	630	00:15:51	Alan	Gibson		M	(M55)	Fife AC
253	679	00:15:52	Chris	Marsh		M	(M Sen)	Giffnock North AAC
254	699	00:15:53	Sean	Marshall		M	(M Sen)	Greenock Glenpark Harriers
255	584	00:15:54	Matthew	Strachan		M	(M50)	Dundee Hawkhill Harriers
256	615	00:15:54	Garry	Robertson		M	(M50)	Edinburgh AC
257	534	00:15:55	Colin	Alexander		M	(M40)	Central AC
258	560	00:15:57	Tony	Dolan		M	(M Sen)	Clydesdale Harriers
259	1207	00:15:59	Calum	Ferguson		M	(MU20)	Bellahouston Harriers
260	598	00:15:59	Chris	Creegan		M	(M55)	Edinburgh AC
261	456	00:15:59	Fraser	McGillivray		M	(M Sen)	Aberdeen AAC
262	782	00:15:59	Craig	Anderson		M	(M45)	Metro Aberdeen Running Club
263	579	00:16:00	Ewan	Stark		M	(M Sen)	Corstorphine AAC
264	822	00:16:05	Jeff	Farquhar		M	(M55)	Pitreavie AAC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 5th November

Senior / Junior Master Men King George V Memorial Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
265	531	00:16:06	John	Hynd		M	(M55)	Carnegie Harriers
266	1272	00:16:08	Andrew	McNair		M	(MU20)	Pitreavie AAC
267	761	00:16:09	Mark	Welsford		M	(M40)	Kirkintilloch Olympians
268	1289	00:16:11	Patrick	Heger		M	(MU20)	Gala Harriers
269	802	00:16:12	Scott	Dickson		M	(M Sen)	Motherwell AC
270	701	00:16:13	Daniel	McLaughlin		M	(M55)	Greenock Glenpark Harriers
271	555	00:16:14	Jens	Subke		M	(M45)	Central AC
272	819	00:16:15	Ian Robert	Johnston		M	(M55)	PH Racing Club
273	646	00:16:19	Michael	Gallacher		M	(M55)	Garscube Harriers
274	480	00:16:20	Kenneth	Taylor		M	(M Sen)	Bellahouston Harriers
275	489	00:16:23	Christopher	Logue		M	(M Sen)	Bellahouston Road Runners
276	642	00:16:24	Paul	Cooke		M	(M45)	Garscube Harriers
277	662	00:16:26	John	Murray		M	(M40)	Garscube Harriers
278	1259	00:16:28	Shaun	Burke		M	(MU20)	Law & District AAC
279	483	00:16:28	Ronan	Beale		M	(M Sen)	Bellahouston Road Runners
280	858	00:16:29	Alex	Osborne		M	(M Sen)	Westerlands XC Club
281	597	00:16:29	Dave	Clements		M	(M45)	Edinburgh AC
282	688	00:16:30	Duncan	Anderson		M	(M Sen)	Greenock Glenpark Harriers
283	484	00:16:31	Kenneth	Crawford		M	(M45)	Bellahouston Road Runners
284	589	00:16:32	Brian	O'Neill		M	(M40)	East Kilbride A.C.
285	508	00:16:33	William	Fairley		M	(M45)	Cambuslang Harriers
286	496	00:16:35	Martin	Howell		M	(M45)	Calderglen Harriers
287	478	00:16:36	Mark	Porter		M	(M Sen)	Bellahouston Harriers
288	486	00:16:38	Allon	Galbraith		M	(M55)	Bellahouston Road Runners
289	818	00:16:43	Paul	Dunning		M	(M45)	PH Racing Club
290	588	00:16:46	Jack	Kirwan		M	(M Sen)	East Kilbride A.C.
291	473	00:16:47	Paul	Houston		M	(M45)	Bellahouston Harriers
292	686	00:16:49	Duncan	Ng		M	(M Sen)	Glasgow University Hare and H
293	689	00:16:49	Stuart	Austin		M	(M40)	Greenock Glenpark Harriers
294	623	00:16:52	Malcolm	Finlayson		M	(M45)	Falkirk Victoria Harriers
295	856	00:16:53	Graeme	Jack		M	(M50)	West End Road Runners
296	769	00:16:54	John	McGrath		M	(M50)	Law & District AAC
297	760	00:16:55	Robert	Rogerson		M	(M55)	Kirkintilloch Olympians
298	774	00:16:55	David	McNish		M	(M45)	Linlithgow AC
299	744	00:16:58	Andrew	Murphy		M	(M Sen)	Kilbarchan AAC
300	677	00:16:59	Michael	Hampson		M	(M50)	Giffnock North AAC
301	808	00:17:01	Jim	White		M	(M40)	Motherwell AC
302	488	00:17:04	Richard	Leyton		M	(M40)	Bellahouston Road Runners
303	793	00:17:05	Gavin	McLennan		M	(M Sen)	Metro Aberdeen Running Club
304	466	00:17:06	Iain	Pettigrew		M	(M45)	Ayr Seaforth AC
305	557	00:17:06	Stuart	Watson		M	(M50)	Central AC
306	639	00:17:07	Craig	Brown		M	(M45)	Garscube Harriers
307	706	00:17:08	Alan	O'Rourke		M	(M45)	Greenock Glenpark Harriers
308	759	00:17:09	John	Pugh		M	(M45)	Kirkintilloch Olympians
309	718	00:17:10	Gerard	Gaffney		M	(M60)	Inverclyde AC
310	848	00:17:12	Phil	Mestecky		M	(M45)	Strathearn Harriers
311	707	00:17:13	Stephen	Reid		M	(M40)	Greenock Glenpark Harriers
312	495	00:17:16	Jim	Holmes		M	(M45)	Calderglen Harriers
313	693	00:17:21	Michael	Dunn		M	(M60)	Greenock Glenpark Harriers
314	562	00:17:25	Hugh	Laverty		M	(M60)	Clydesdale Harriers
315	740	00:17:26	Steven	Hill		M	(M Sen)	Kilbarchan AAC

Lindsays scottishathletics Short Course Cross Country Championships

Saturday 5th November

Senior / Junior Master Men King George V Memorial Playing Fields, Renfrew

Pos	No	Time	Forename	Surname	Results	M/F	Cat	Club
316	494	00:17:30	Andrew	Henderson		M	(M60)	Calderglen Harriers
317	611	00:17:32	Matthew	Newnham		M	(M55)	Edinburgh AC
318	536	00:17:33	Simon	Barlow		M	(M45)	Central AC
319	453	00:17:35	Alasdhair	Love		M	(M Sen)	Aberdeen AAC
320	657	00:17:37	Craig	Marsden		M	(M Sen)	Garscube Harriers
321	804	00:17:39	David	MacKenzie		M	(M40)	Motherwell AC
322	776	00:17:43	Ryan	White		M	(M Sen)	Livingston AC
323	812	00:17:44	Alasdair	McCallum		M	(M50)	North Ayrshire AC
324	732	00:17:46	Craig	Winter		M	(M45)	Inverclyde AC
325	1260	00:17:49	Conor	Butters		M	(MU20)	Law & District AAC
326	825	00:17:55	Gerry	Gallacher		M	(M40)	Scottish Prison Service AAC
327	622	00:17:56	Stewart	Christie		M	(M50)	Falkirk Victoria Harriers
328	1267	00:17:58	Oliver	Heaney		M	(MU20)	Motherwell AC
329	659	00:18:03	Kieran	McLaughlin		M	(M Sen)	Garscube Harriers
330	565	00:18:06	Robert	Young		M	(M70)	Clydesdale Harriers
331	498	00:18:07	Kenny	Leinster		M	(M55)	Calderglen Harriers
332	736	00:18:08	Paul	Davidson		M	(M40)	Inverness Harriers AAC
333	497	00:18:09	Richard	Lawton		M	(M40)	Calderglen Harriers
334	709	00:18:13	Steven	Smith		M	(M50)	Greenock Glenpark Harriers
335	485	00:18:13	Christopher	Doak		M	(M Sen)	Bellahouston Road Runners
336	767	00:18:16	Pat	Kelly		M	(M65)	Law & District AAC
337	669	00:18:22	Stephen	Wilson		M	(M50)	Garscube Harriers
338	651	00:18:26	Stefan	Kuhr		M	(M40)	Garscube Harriers
339	467	00:18:26	Andrew	Ferguson Snr		M	(M55)	Banchory Stonehaven AC
340	860	00:18:29	Anton	Manley		M	(M40)	Shettleston Harriers
341	529	00:18:37	Barry	Davie		M	(M40)	Carnegie Harriers
342	857	00:18:41	Scott	Nicholson		M	(M Sen)	West End Road Runners
343	849	00:18:46	Gordon	Morrison		M	(M60)	Strathearn Harriers
344	499	00:18:53	Gordon	McInally		M	(M50)	Calderglen Harriers
345	799	00:18:57	Linton	Tyler		M	(M Sen)	Metro Aberdeen Running Club
346	605	00:18:59	Alex	MacEwen		M	(M60)	Edinburgh AC
347	549	00:19:00	Mark	Logie		M	(M45)	Central AC
348	781	00:19:03	Stig	Walsh		M	(M45)	Lothian Running Club
349	698	00:19:07	Boyd	Mackenzie		M	(M60)	Greenock Glenpark Harriers
350	694	00:19:10	Ian	Hanley		M	(M Sen)	Greenock Glenpark Harriers
351	779	00:19:12	Kenny	Mearns		M	(M55)	Lothian Running Club
352	470	00:19:20	Robert	Carson		M	(M65)	Bellahouston Harriers
353	1247	00:19:25	Yuri	Goruppa		M	(MU20)	Glasgow University Hare and H
354	468	00:19:46	John	Beckett		M	(M65)	Bellahouston Harriers
355	487	00:19:47	Andrew	Haddow		M	(M60)	Bellahouston Road Runners
356	696	00:20:15	Simon	Hutton		M	(M Sen)	Greenock Glenpark Harriers
357	533	00:20:24	Karl	Zaczek		M	(M45)	Carnegie Harriers
358	809	00:20:38	Gary	Wood		M	(M Sen)	Motherwell AC
359	492	00:21:06	Russell	Couper		M	(M50)	Calderglen Harriers
360	692	00:21:10	John	Carruthers		M	(M45)	Greenock Glenpark Harriers
361	691	00:21:35	David	Carruthers		M	(M40)	Greenock Glenpark Harriers
362	789	00:21:54	Kevin	Mackie		M	(M40)	Metro Aberdeen Running Club
363	666	00:25:46	Raghbir	Singh		M	(M65)	Garscube Harriers
364	763	00:32:30	William	Drvsdale		M	(M80+)	Law & District AAC

Lindsays scottishathletics National Short Course Cross Country Championships
 Saturday 5th November SM Team King George V Playing Fields, Renfrew
 Results

Pos	Points	Club	Pos	Bib	Time	Name
1	69	Central AC	10	540	0:12:31	Jamie Crowe
			18	553	0:12:39	Cameron Milne
			20	546	0:12:40	Alexander Hendry
			21	539	0:12:43	Dale Colley
2	79	Cambuslang Harriers	14	525	0:12:34	Ryan Thomson
			15	1211	0:12:36	Craig Jardine
			22	509	0:12:43	Stuart Gibson
			28	510	0:12:56	Robert Gilroy
3	96	Shettleston Harriers	2	837	0:12:09	Tewoldeberhan Mengisteab
			8	838	0:12:26	Lachlan Oates
			32	826	0:12:58	Peter Avent
			54	841	0:13:14	Paul Sorrie
4	105	Edinburgh Univ Hare & Hounds	5	621	0:12:19	Scott Stirling
			25	619	0:12:52	Andrew Lawler
			34	1237	0:13:00	Callum Symmons
			41	1232	0:13:04	Alexander Chepelin
5	114	Edinburgh AC	9	596	0:12:27	Michael Christoforou
			11	617	0:12:32	Jake Wightman
			27	616	0:12:55	Iain Whitaker
			67	593	0:13:31	Peter Cameron
6	122	Inverclyde AC	4	716	0:12:17	Andrew Douglas
			30	728	0:12:57	Mark Pollard
			42	729	0:13:04	Craig Ruddy
			46	721	0:13:09	David Henderson
7	131	Corstorphine AAC	6	573	0:12:23	Calum McKenzie
			35	571	0:13:00	Mark Haskett
			37	568	0:13:01	Howell Craske
			53	1219	0:13:14	Anthony Addison
8	174	Fife AC	13	1243	0:12:33	Logan Rees
			19	1244	0:12:40	Tristan Rees
			64	1240	0:13:26	Sam Fernando
			78	1242	0:13:39	Harvey Rankin
9	176	Aberdeen AAC	3	450	0:12:13	Michael Ferguson
			36	457	0:13:00	Rory Muir
			57	455	0:13:21	Eoghan MacNamara
			80	452	0:13:40	James Joy
10	237	Kilbarchan AAC	16	1252	0:12:37	Euan Gillham
			48	741	0:13:11	Scott MacAulay
			79	1254	0:13:40	Scott McLardie
			94	738	0:13:56	Graham Evans
11	253	VP-Glasgow AC	17	852	0:12:38	Afwerki Haile
			33	1278	0:12:59	Max Milarvie
			62	1277	0:13:25	Jamie MacKinnon
			141	850	0:14:25	Patrick Bowman

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

SM Team

King George V Playing Fields, Renfrew

Results

Pos	Points	Club	Pos	Bib	Time	Name
12	357	Garscube Harriers	76	658	0:13:39	Garry Mathew
			81	661	0:13:40	Donald McPartlin
			92	656	0:13:54	Alasdair MacMillan
			108	655	0:14:04	Alasdair MacIver
13	381	Metro Aberdeen Running Club	31	784	0:12:57	Hamish Battle
			112	794	0:14:06	Stuart Milne
			114	786	0:14:07	Steve Buchan
			124	788	0:14:13	Jeremy Kibble
14	419	Greenock Glenpark Harriers	89	697	0:13:51	Shaun Lyon
			93	690	0:13:55	Steven Campbell
			116	703	0:14:08	Paul Monaghan
			121	704	0:14:10	Christopher Mooney
15	478	Law & District AAC	96	768	0:13:57	Jonathan Kennedy
			106	770	0:14:02	Darran Muir
			136	766	0:14:21	Ross Hill
			140	764	0:14:24	Riccardo Faccenda
16	509	Pitreavie AAC	47	1274	0:13:10	Tyler White
			70	824	0:13:34	Ben Potrykus
			192	1273	0:15:01	Evan Ross
			200	823	0:15:05	Colin Lamont
17	515	Ayr Seaforth AC	87	1205	0:13:51	Fraser Stirling
			119	464	0:14:10	Craig McPike
			143	1204	0:14:26	James Pettigrew
			166	462	0:14:45	Grahame Hopper
18	534	Bellahouston Harriers	84	859	0:13:45	Cris Walsh
			125	475	0:14:13	Darren McQuade
			162	474	0:14:40	David Mackintosh
			163	1206	0:14:43	Fraser Armstrong
19	538	Glasgow University Hare and H	29	685	0:12:56	Gavyn Chalmers
			52	687	0:13:13	Alastair Thurlbeck
			165	1248	0:14:45	Euan Rose
			292	686	0:16:49	Duncan Ng
20	549	Dundee Hawkhill Harriers	24	1222	0:12:45	James Donald
			103	1223	0:14:01	Andrew Merry
			167	583	0:14:46	Bruce Scott
			255	584	0:15:54	Matthew Strachan
21	556	Gala Harriers	40	637	0:13:02	Darrell Hastie
			88	636	0:13:51	Marcus D'Agrosa
			160	638	0:14:39	Wayne McIntosh
			268	1289	0:16:11	Patrick Heger
22	607	East Kilbride A.C.	73	1225	0:13:37	Martin Lynas
			159	591	0:14:38	Niall Walker
			173	586	0:14:51	Ross Grant
			202	1224	0:15:08	Luke Kirwan

Lindsays scottishathletics National Short Course Cross Country Championships

Saturday 5th November

SM Team

King George V Playing Fields, Renfrew

Results

Pos	Points	Club	Pos	Bib	Time	Name
23	620	Kirkintilloch Olympians	147	756	0:14:29	David Hogg
			152	755	0:14:33	James Gallacher
			153	754	0:14:33	Howard Elliott
			168	750	0:14:47	Robert Bartley
24	646	Falkirk Victoria Harriers	1	629	0:12:05	Ben Stevenson
			154	628	0:14:34	John Shanks
			244	626	0:15:43	Andrew MacKenzie
			247	624	0:15:48	Wallace Grieve
25	659	Giffnock North AAC	74	672	0:13:38	Andrew Clark
			185	675	0:14:57	Ted Gourley
			197	671	0:15:04	Luke Chamberlain
			203	681	0:15:09	David Sawyer
26	688	Motherwell AC	105	801	0:14:02	Allan Cameron
			107	800	0:14:03	Stephen Allen
			207	807	0:15:13	Alan Tait
			269	802	0:16:12	Scott Dickson
27	716	Inverness Harriers AAC	43	734	0:13:04	Craig Campbell
			133	1251	0:14:18	James Geddes
			208	733	0:15:14	Ross Cairns
			332	736	0:18:08	Paul Davidson
28	860	PH Racing Club	144	820	0:14:28	Darren Jubb
			221	821	0:15:26	Scott Love
			223	1271	0:15:27	Daniel Smith
			272	819	0:16:15	Ian Robert Johnston
29	1007	Bellahouston Road Runners	170	482	0:14:49	Andrew Allen
			275	489	0:16:23	Christopher Logue
			279	483	0:16:28	Ronan Beale
			283	484	0:16:31	Kenneth Crawford
30	1009	Clydesdale Harriers	198	563	0:15:05	Iain Robertson
			239	561	0:15:41	Kevin Farmer
			258	560	0:15:57	Tony Dolan
			314	562	0:17:25	Hugh Lavery
31	1022	Lothian Running Club	122	777	0:14:11	Andrew King
			201	778	0:15:08	Euan McInnes
			348	781	0:19:03	Stig Walsh
			351	779	0:19:12	Kenny Mearns
32	1057	Calderglen Harriers	216	490	0:15:23	Andrew Buchanan
			243	501	0:15:43	Mark Saez
			286	496	0:16:35	Martin Howell
			312	495	0:17:16	Jim Holmes
33	1183	Carnegie Harriers	220	532	0:15:26	Chris Stephenson
			265	531	0:16:06	John Hynd
			341	529	0:18:37	Barry Davie
			357	533	0:20:24	Karl Zaczek